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**I: Interviewer 2**

**I1: Interviewer 1**

**P: Participant**

**Interview duration: 1:22:59**

**Language in which the interview was conducted: Maithili**

**Location: FCHV's house**

**Date of the interview: 19 February 2021**

Vignette discussion by I2

I1: How do you feel while playing with these kids?

P: I feel happy.

I1: What else do you feel?

P: They just play. They feel happy while playing which makes me happy too.

I1: Why do you feel happy then?

P: If my child is happy, I am happy too. That is why I am happy as well.

I1: Could you tell me about the behavior of your child while he is playing this game?

P: This kid?

I1: What did the child just do to you? Could you tell me about it?

P: He tells me to play with him and he plays with that toy only. If he has time, then he plays with anyone. He tells whatever he likes to say.

I1: Like he played this game just recently, and he is playing game like this a lot. Do you think he is understanding anything from these games?

P: Yes, he learns. He gets educated from these games (pointing towards to his head). These games develop his mind. It becomes easy to make him understand these things. He plays during the daytime. He understands many things while playing games. For instance, he knows that this is a ball, and this is a toy plane. He learns whatever parents say to him.

I1: Anything to his physical growth?

P: Yes, physically too. In this way he learns things.

32 I1: What are the aspects of physical growth?

33 P: By physically, I mean growth in his head, eyes, hands, legs, and overall development.

34 I1: How does these growth takes place just from playing only?

35 P: We need to feed him nutritious food as well. We need to feed him lentil's soup, spinach,

36 milk, curd, apples and many more items.

37 I1: Okay these were about food and all, right? Now how does it effect on the development of

38 the child?

39 P: It helps him move his hands and legs.

40 I1: Ok. so, he moves his hands and legs. So, you mean he learns many things from playing

41 games, right? He has mental as well as physical growth too, right?

42 P: Yes

43 I1: So, games teach children a lot of things, right? Now, let's move on to the next phase of

44 this interview. We are going to talk about these games and learn how these games helps

45 in the growth and development of the child, okay?

46 P: Okay

47 I1: Now, she is going to ask you few questions about it. Do you want to ask anything about

48 it?

49 P: No

50 (Vignette discussion ends here and another interviewer (I) continues the interview in

51 Maithili Language)

52 I: You said that it is important for the kids to play games, right? What benefits does a child

53 get from playing games?

54 P: They learn to play games. It helps in the growth of the child. It helps to grow their mental

55 behavior. The child feels good after playing games. He does whatever he feels like doing.

56 I: Mental growth, right?

57 P: Yes

58 I: What else?

59 P: Moving his hands and legs make a good circulation of blood in his body.

60 I: What else? What are the benefits that a child might get from playing games?

61 P: ....

62 I: What are the things that the child gets benefited from playing games? What other  
 63 development takes place from playing games?

64 P: Overall body gets benefited from playing games like his eyes, nose, ears, face, hands, and  
 65 legs.

66 I: What is the difference between a child playing with his mother and child playing with a  
 67 guardian?

68 P: There is a huge difference.

69 I: How?

70 P: If a child plays with his mother or any member of the family, the child always gets  
 71 benefited. If the child is taught good things, then he always follows a good path. He gets  
 72 benefited when he is taught names of people around him. He learns many things playing  
 73 with others rather than just by himself.

74 I: What does a child learn?

75 P: If the child sees new things around him, he learns. If he hears new things, then he learns  
 76 again. These are the things that bring change in his behavior. When he grows eventually,  
 77 then he keeps on learning new things and develops different things.

78 I: What different things?

79 P: He used to learn slowly at first. He keeps on developing his brain as he is growing. He  
 80 learns something today and something again tomorrow too. In this way, he keeps on  
 81 learning every day.

82 I: Can you give me some examples? What sort of development have you seen of your  
 83 child?

84 P: ....

85 I: Like you said he keeps on learning something every day, right?

86 P: He used to be small, now he is tall.

87 I: How was he when he was a child?

88 P: Like, he did not use to speak at all when he was a child. He used to say “mummy” and  
 89 “daddy” at first. He learnt names of us. He knows where our home is when someone asks  
 90 him. In this way he learns things.

91 I: What did you do for this? Like, what did you do to teach him this all?

92 P: I taught him to say “daddy” and “mummy”. He learnt that slowly. He said “mummy”  
 93 after 2 or 3 days. He said “daddy” too and later learnt to say grandfather as well. Mothers  
 94 keep on teaching things which makes his brain develop faster. He keeps on learning new  
 95 things when we teach him something to him.

96 I: What happens after that?

97 P: Children keeps on learning good things. They keep on studying, reading and this way  
 98 they move forward. They start to think about themselves. They keep on developing  
 99 slowly every day.

100 I: What do they think of?

101 P: They think of themselves. They read and write and start to study. They learn things when  
 102 they start to grow respective of their age. They learn things when they start to grow up.  
 103 They learn languages. They learn things from their mother and father. That is why we  
 104 should never do any wrong thing in front of our child. We should teach them good things.

105 I: That is when they are grown up?

106 P: Yes.

107 I: And?

108 P: They learns things from child age only. They learn things form the home itself. We need  
 109 to teach them good things.

110 I: What things do you teach at home?

111 P: I bring the toys to him and make him play. I teach him what thing to do and what not to  
 112 do. I teach him where he lives and what his name is. I teach him A, B, C, D and 1,2,3, to  
 113 10. I make him watch cartoon. He learns things by himself. It is hard for parents when the  
 114 kid is below 5 years old. He keeps on learning things on his own when he becomes old.

115 I: You teach him your language, too? Right? What other things you do for his  
 116 development?

117 P: I teach him those things.

118 I: What do you do from this age?

119 P: .....

120 I: Yes?

121 P: We need to feed him nutritious food as well for his body.

122 I: Could you please speak loudly? This background noise is not letting me hear properly.

123 P: Okay

124 I: So, you feed him nutritious food, right?

125 P: Yes

126 I: And how important do you think this game is for this kid?

127 P: This game is very much important for the kid. Playing this game energizes his whole  
 128 body. That is why this game is very much important for him. Eating food is necessary for  
 129 his body. If his body is healthy, only then he could play games.

130 I: Okay. So, playing games and eating foods? Do you think playing by himself is okay, or  
 131 do you need to make him play?

132 P: I need to make him play. He plays solo sometimes. He also needs to play with others.

133 I: What do you think about playing games for under 3 years old kids?

134 P: It is very important.

135 I: Why?

136 P: Kids under 3 years old always wants to play games. They do not care about other things.  
 137 They do not have any other tension. They always want to play wherever they go.

138 I: How does playing games make him learn?

139 P: He learns only by playing. They learn work from playing. Their mind develops whatever  
 140 they play, and they learn things from it.

141 I: What do they learn? Could you give me some examples?

142 P: If someone speaks wrong words or language in this neighborhood, then he learns those  
 143 things quickly. If someone speaks right words too, then he learns those things as well.

144 I: What have you taught to your child till now? Could you give me any example of one  
 145 thing that you have taught to your child?

146 P: I have only taught my child about the things that he should do and what he should not do.

147 I: How did you feel while playing with your child before? What difference did you find  
 148 while playing with your child?

149 P: I felt good after seeing my child happy.

150 I: So, the child was happy?

151 P: Yes

152 I: What happens when your child is happy?

153 P: Parents are always happy when they see their child happy too.

154 I: What else? What happens when he is happy?

155 P: I feel good. That is, it.

156 I: Okay. So, what is done in this community for the development of child? What do people  
157 in here do for their child development?

158 P: Kids play games which they like. They play with toy cars. They play in roads. They play  
159 hide and seek. They also fight with each other.

160 I: What does people do for the sake of their child, like in this community?

161 P: For small kids?

162 I: Yes. What is done in here for their development?

163 P: They feed nutritious food to them. If we feed them nutritious food, their brain develops  
164 faster. If we make them play, then their brain develops faster. If we feed them with foods  
165 having higher protein, then they get energized faster. The child gets developed faster  
166 because of his/her family members.

167 I: What different games are played in this village for the development of child? You said  
168 that games are necessary, right? How do people help their child for their development?

169 P: They make them run and play which is good. If we bring toy cars, they ride in it. They  
170 jump, run and play all the times. They play with those toy cars which makes them happy.

171 I: They bring toys for them?

172 P: Yes.

173 I: So, how many parents play with their child?

174 P: They play with them the whole day. If kids feel hungry, then only they come home.

175 I: So, we should spare time for our kids, right? A guardian should spare time for the sake of  
176 their child, right? People should spare time more if their child is too young. They should  
177 work too but should spare time for their child more.

178 P: Yes

179 I: You know these things. But, what about your village? What do they do?

180 P: Everyone in here does things like that. People cannot spend more time with their kids if  
181 they are working more. People spend time with their kids according to their capability.

182 I: What do they do for their kids and for their development?

183 P: People have different techniques for that. For instance, I have a different technique.  
184 People might also do the same thing like me. I do not go to other homes to check it.

185 I: You might have heard anything?

186 P: No. I see things like that only. People have different things in this village.

187 I: How important do people think about this? What do they think about playing games?

188 P: I do not know about this thing. I do not know what they think or do not think. I just know

189 mine.

190 I: So far, we have talked about you and your kid. Now I am going to talk about other thing,

191 okay? What different activities are there in this community for the kids who are under 3

192 years age?

193 P: They are fed vaccines (Vitamin A capsules). There is a hospital too. They are fed with

194 nutritious food as well. For kids below 2 years of age, they treat every child despite of

195 their illness.

196 I: For kids below 3 years old?

197 P: Yes. They feed them nutritious food as well. Many kids are malnourished. Some are

198 given free medicines too.

199 I: And what about the games?

200 P: No, I have not seen any games that has come from outside.

201 I: You have not heard anything?

202 P: Like I said, people spend time with their kids according to their capacity.

203 I: What do they do for their child, for their development?

204 P: Like I said, they have different techniques. I have my own way of doing things. I think

205 people do the similar things to their kid. But I don't go to other people's home, so I don't

206 know what other people do.

207 I: You might have heard anything?

208 P: I just see like that only. People have their own ways in this village.

209 I: How important do they think about this? How do they feel about playing games?

210 P: I don't know about these things. I don't know what they think. I only know my thing.

211 I: And what about in the hospital?

212 P: I have not heard anything about those hospitals too.

213 I: What do you think should be there then? What work or programmes should have been

214 launched for the development of child? What do you think about it? You said there are no

215 programmes in here, right? What should have been done then?

216 P: If children are made to play 4 to 10 different games, then it would have been better. For  
 217 instance, games like running and hide and seek which are popular in this village.

218 I: So, games are needed?

219 P: Yes

220 I: What should have been in this community according to you for the development of your  
 221 child only for an instance?

222 P: I do not know about that.

223 I: So, is there anything you liked for the sake of your child who is under 3 years of age?

224 P: Parents think about the future of their kids. Kids should express their likes and dislikes.  
 225 They should not be forced to do just what parents like. We should test what kids like the  
 226 most and what makes them happy. Parents only give birth to their child. But children  
 227 should do what they want.

228 I: Like you said, playing games helps the kid to develop. What else would you like to know  
 229 regarding games or what you wish to know about it?

230 P: I do not know about that.

231 I: What you wish for?

232 P: I love when he plays games and all. I like when he plays with other kids and how he is  
 233 happy all the time.

234 I: What more information would you like to get?

235 P: If I get knowledge like how we should do some things and what we should not do, then it  
 236 would be better.

237 I: What information?

238 P: About games.

239 I: Which special games though? What sort of games would you like him to play?

240 P: For example, toy cars for the kids. These games would arise interest to them. They might  
 241 feel happy playing that sort of vehicles related games.

242 I: Like you would help him play those games if you had known about it?

243 P: Yes, I am saying the same thing. If I had that information, then I would have made my  
 244 child to play those games as well.

245 I: Where would you take him to play those games?

246 P: I don't know about those things. I would just play with him.

247 I: In village?

248 P: Yes

249 I: Where in village then?

250 P: If I were taught about it, then I would take my child to play outside too.

251 I: Okay we will get back to it after some time too. Now I am going to ask about that

252 nutritious related question again. Like you said that there is a hospital in this village for

253 the kids, right? What else do you have in this village for the development of kids?

254 P: About nutrition?

255 I: Yes

256 P: We are providing green leaves and spinach to the kids. They should eat “*khichidi*” (mixed

257 rice and pulses porridge), yogurt, milk, Horlicks, lentil’s soup, apples and many more

258 foods which would energize them and provide them the necessary energy.

259 I: How did you get all these information’s? Is there any programme going on about this?

260 P: There was this programme which taught us about nutritious food and all. I was also in

261 that programme and I learnt these things from it.

262 I: Where?

263 P: There was this FCHV who stayed close to us and taught us this in mother’s group.

264 I: What else? Is that programme still going on?

265 P: It comes once every year.

266 I: Mother’s group, right? Is it still going?

267 P: I only know that mother’s group come here once every year only. They only teach about

268 nutrition and food habits only. They don’t teach anything else.

269 I: To what age group of children?

270 P: Below 1 year old.

271 I: What else programmes are there in your hospital? What age group of children are there in

272 that programme?

273 P: I know only this about nutrition. I don’t know anything else. If a kid is malnourished,

274 then only injection and vaccine are provided.

275 I: What facilities do you get from these hospitals?

276 P: I have only taken injections for my kid.

277 I: What injection?

278 P: Around 5-6 injections and B.C.G related 2-3 injections. I don't know anything else.  
 279 These injections were for kids under 15 months.

280 I: So, you have only taken injections and not any vaccines?

281 P: Yes

282 I: What facilities are there related to food habits in this hospital?

283 P: I have only heard about nutritious food programme and not about anything else.

284 I: And what about baby's height and weight measurement?

285 P: Yes, they do check it there. If a child has adequate weight, then they also have a good  
 286 height and vice versa. Kids who are underweight, are provided with foods.

287 I: Where is that programme?

288 P: In the hospital.

289 I: So, you go there?? When do you go and how do you go there?

290 P: I don't go there now. I used to go there when my kid was small. I only went once.

291 I: Okay. So, how did they do it over there?

292 P: They weighed my kid. They measure his height and check everything. If some kid had  
 293 good height and weight, then they would give him Horlicks.

294 I: You said earlier about mother's group, right? Could you tell us more about it?

295 P: I felt good after learning from them because it is good to know about balanced diet and if  
 296 my kid gets all the nutrition from his diet or not. Some people in this village adopts it  
 297 while some don't.

298 I: How much did you apply in your home?

299 P: Yes, I did apply it in me as well. I fed him spinach, fruits, milk, lentil's soup and many  
 300 more daily. We don't have everything in our home, but I used to give all of these to my  
 301 kid.

302 I: You learnt all of that from mother's group?

303 P: Yes. I learnt it from them and by myself too. A mother knows what to feed to their child  
 304 as well. If a mother does not know about this, then maybe her grandmother knows it.  
 305 Grandmother tells it more clearly about what to feed to their grandchild.

306 I: What facilities have you received from the P.H.C hospital?

307 P: I don't know about it.

308 I: It is okay. How do you feel about this programme which records and monitors about  
 309 baby's weight and height?

310 P: I find it good. They teach us to feed our child good food and all. They don't teach  
 311 anything else.

312 I: How do you feel about that programme?

313 P: Good

314 I: Why?

315 P: It helps me to understand how healthy my child is from his height and weight.

316 I: So, you find it good, right? Have you taken any measurements recently?

317 P: Yes, when I go there, I measure mine and my kid's height and weight too.

318 I: According to you, what sort of programmes should be here in this village for kids below  
 319 3 years of age?

320 P: If kids are involved in playing games, it would be beneficial. If foods, vitamins, and  
 321 many other essential items have been supplied for free, then it would be much more  
 322 beneficial. It would help for growth and development if foods and games are being  
 323 considered.

324 I: Sister, let's talk about the thing that you mentioned earlier when mother's group came  
 325 once in your village. How did you go to mother's group?

326 P: They came to our doorstep. They went in everyone's home like a "monitor" and called  
 327 everyone to join the meeting.

328 I: Who ran that mother's group?

329 P: Once Madam (FCHVs).

330 I: Who is she?

331 P: She came here yesterday.

332 I: What does she say in this village?

333 P: She is the head of the mother's group.

334 I: Head?

335 P: Yes. After that only I went there.

336 I: How far was that place from your home? What helped you to go there? Can you tell us?

337 P: It was both easy and hard. She was the monitor, and it was her duty to call everyone.

338 I: What was the most interesting part of that mother group? What were the things that you  
 339 like in there?

340 P: The things of child and related knowledge was a good part. The entire thing was related  
 341 to child only. We were taught how to take care of our child, and what we should feed  
 342 him. These were the facilities. These were the benefits. Those who understood them took  
 343 advantage of it, while those who did not couldn't take any advantage.

344 I: How did you like the work done by that mother's group?

345 P: It was good.

346 I: You talked about the FCHV; how did you like her work?

347 P: She was good.

348 I: Why?

349 P: We, mothers did not know everything. She taught us that.

350 I: What else do you like about that?

351 P: It was beneficial for the child which I liked the most.

352 I: Was there anything that needed to be changed? What else should they have done?

353 P: I don't know about that.

354 I: Why do you think this measurement of height and weight is necessary?

355 P: So that kid's height and weight is noted down and we can check how healthy he is.

356 I: How long does it take to note that information?

357 P: It takes 5 minutes in my home.

358 I: How did you know that? Did they measure right away?

359 P: They say to stand and be measured in the programme.

360 I: What programme?

361 P: Programme related to his measurement. They note down names first and keep everyone  
 362 aside and start measuring serially according to their names.

363 I: What information you considered beneficial from there? What made you go there?

364 P: I thought it would be beneficial for my child. I would know if my child is healthy or not  
 365 from that programme. That is why I went there. I did not know at first about my child's  
 366 health. I thought I would gain some knowledge from this programme, that is why I went  
 367 there.

368 I: About kid's health, right?

369 P: Yes

370 I: What else did you learn? Did you learn only measurement or something else too?

371 P: Only measurement. They also taught us about foods.

372 I: How much did you apply these in your life?

373 P: I did apply it.

374 I: What did you do?

375 P: I made him pudding, fruits, spinach, lentil's soup. I could not give him spinach daily, but

376 I made him everything.

377 I: Because of Hospital's training, right?

378 P: Yes

379 I: What challenges did you find there?

380 P: I liked everything.

381 I: What difficulties did you find while taking all those facilities from there?

382 P: It was hot while staying in there as it was summer season.

383 I: Yes?

384 P: It was summer season.

385 I: Now I am going to talk about something else. Like I said before about games and

386 nutritional foods and its importance, right? The WHO says that our health is influenced

387 by foods and games, and they suggest that if these two activities are done side by side,

388 then it becomes more effective. It improves the health of kids below 3 years of age. Only

389 giving nutrition is not enough. You said earlier that giving only nutritional food, which is

390 not always enough and only measuring weights is also not enough. Games improves the

391 mental health of a child.

392 P: It is actually good.

393 I: Why do you think it is good?

394 P: Children should play games and also eat balanced diet.

395 I: Eating food is necessary, right? Talking about food, it was always important before this

396 programme as well. What do you think happens if we add games too in this?

397 P: It is safe and good for the kids.

398 I: How is this safe?

399 P: If they are taught well and mothers should also know it well. Mothers will know well  
 400 after getting those trainings.

401 I: Can you give me an example? What happens to the kids?

402 P: Children becomes happy when they play games.

403 I: Who?

404 P: A mother is always happy when she sees her child playing.

405 I: What do you think happens if food and game programme is launched together?

406 P: It becomes good for the child.

407 I: How do you think it is good for the child?

408 P: Their mind, hands, legs grow up faster. Blood circulation takes place properly.

409 I: What else happens to the kids?

410 P: Kids have a good environment. They think positively. Everyone is happy if the child is  
 411 happy.

412 I: What type of environment?

413 P: They behave well. There is an improvement in their language, thinking, and overall  
 414 development. They tend to speak rough language if they are taught bad things. That is  
 415 why they need a good environment.

416 I: Do you think there is a difference if kids below 5 years of age is launched in this  
 417 combined programme than kids below 3 years of age?

418 P: They learn various things according to their age. They don't understand everything  
 419 suddenly.

420 I: What age?

421 P: Age of 2-3 years is a good age to make them learn various things. They should learn good  
 422 things in this age.

423 I: What types of games should they play in this age group?

424 P: They should play soft games which they are more interested in.

425 I: In which game your child is more interested in?

426 P: My child plays more in the sand, and he likes to get wet in rain.

427 I: What do you think happens if they play games like this?

428 P: If they don't play games, then their development halts. Their entire body's circulation  
 429 does not take place. We should advise him after then.

430 I: What types of games should we consider him to play?

431 P: He should play good games.

432 I: Which games are good?

433 P: He should play running which improves the circulation. He should play every game  
434 which are beneficial for his body.

435 I: Running games?

436 P: Yes

437 I: Is it okay if he plays games alone?

438 P: A guardian should play with him.

439 I: Who is this person?

440 P: An adult should play with at least 2-4 kids as kids fight with each other. That is why kids  
441 should play with an adult at least. They can also break their head.

442 I: Who can be this adult person then?

443 P: It could be child's mother, father, grandmother, and grandfather. Anyone like Uncle,  
444 Aunty, also could be the guardian. Similarly, big sister, brother could be.

445 I: Why do you think they are necessary? Why these people?

446 P: Because my child fights a lot. These people are necessary as they fight a lot with each  
447 other. To prevent them from getting hurt, they are needed.

448 I: Why do you think these people are needed to teach children about games?

449 P: Anyone who is older enough can be this person. He should handle the situation like  
450 fights, easily. They should feel protected. A child should stay mostly with his mother and  
451 father or anyone from his/her family.

452 I: Family members, right?

453 P: Yes.

454 I: Like I said earlier that, we need programmes like food and nutrition, and we need to run  
455 these both programmes, right? What do you think happens for the kid if we launch these  
456 both programmes in parallel?

457 P: Nothing will happen.

458 I: For example, we only have one programme right now i.e., nutritional programme and  
459 weight measurement programme. What do you think will happen if we add game  
460 programme in that too?

461 P: Mother should do it together then...

462 I: Mother should? What would it do to the kids then if programmes like this is launched?

463 P: Why will not it be good then?

464 I: If we launch it together then?

465 P: It would be good then.

466 I: Why?

467 P: It would be beneficial of course if we launch it together then.

468 I: How it would be helpful then?

469 P: It would be beneficial for the kids. It would help to grow their brain, hands, and legs.

470 I: What would people in this village say about this programme then?

471 P: They will not take it seriously.

472 I: Even if it is launched just for their kids too, will not they take it seriously then?

473 P: It would be helpful for the kids if that happens. Not everyone will think like that though.

474 I: So, they would?

475 P: Those who think it as a good programme, then they would like it.

476 I: Why will not other people like this programme then?

477 P: They think that their child would grow anyway according to their age. They only feed

478 them and only think about their own work.

479 I: What type of people go in programmes like this?

480 P: If they find personal benefits, then they would go there.

481 I: What benefits?

482 P: If they find benefits for their children, then they would go obviously. They also want to

483 feed balanced and nutritional diet to their kids.

484 I: What benefits do they think if we launch programme like nutritional food and games

485 together?

486 P: This is obviously beneficial. The body becomes healthier. Their brain also grows. I don't

487 know what else to say.

488 I: What happens to the kids in future when both aspects are launched in together?

489 P: Nothing.

490 I: What if we supply the game material and nutritional food too to regain their energy level?

491 P: This thing does not happen suddenly. After feeding them food, they need to play as well.

492 I: This is a single programme.

493 P: I meant we need to one thing first and then the other, not both at the same time. We need  
494 to do this programme at regular break time.

495 I: Do you think any child will be healthy if they are not given proper nutritional food and  
496 playing activities?

497 P: No, I don't think so. They should be feed. We should feed them nutritional foods.

498 I: How can we make the illiterate people know all these things about the upcoming  
499 programmes?

500 P: They become greedy if you will give something to the mother and child. Mothers will  
501 receive all of these from their child and even they come running towards the programme.

502 I: How should we launch this programme if suppose we had to launch this programme?

503 P: We should try to convince them about the programme and sometimes we should also  
504 make it compulsory for everyone to join the programme as well.

505 I: So, we should try to convince those who does not understand, right?

506 P: Yes

507 I: How should we launch this programme then? Programme related to playing and nutrition.

508 P: We should make them aware and launch it.

509 I: How can we convince them?

510 P: We should make aware of those people who don't understand things easily. If they are  
511 giving proper awareness, then we should teach them first and make them aware.

512 I: What should we do then? How should we launch it?

513 P: Outside people should launch this programme. We should choose a suitable location. We  
514 should advertise after that about the location where we are going to plan this programme.  
515 The same way as you said about today's meeting, right? I came here after you said it  
516 here. These people would come as well if they were given proper timing about the  
517 programme. We should make one monitor for this programme whose roles would be to  
518 call everyone here and prepare for the meeting.

519 I: How should this programme be launched to make it more reliable and more effective?

520 P: We should do it in a quiet and comfortable place where sitting is not an issue.

521 I: Who should conduct this meeting according to you?

522 P: The one who understands it more should conduct this meeting.

523 I: Who understands this then?

524 P: Outside people like “mother’s group” should do it. Outside people should come and do  
525 this programme related to games and nutrition. An NGO should do it for making them  
526 understand.

527 I: When should we do the meetings then? Who should do this meeting and in which time?

528 P: Meeting has a time. If we fix the time for the meeting, then they should reach there on  
529 time then. We should prepare a time so that they would come on time. The most  
530 preferable time would be at daytime at 3 or 4 p.m. it cannot be on the morning. Any time  
531 beyond 9 or 10 sounds good.

532 I: NGO should launch it and why do you need to go in that particular time only like you  
533 said 3 or 4 p.m.?

534 P: Head person of that NGO would have come at that specific time. If we say them to join,  
535 then they would not come. They would come if everything were set by the outside  
536 people.

537 I: Who should run this programme then?

538 P: I don’t know. Outside people would come and then they should run. I have seen mother’s  
539 group coming and running this programme. It will not run if village people run this  
540 programme. They will not respond in a good way if we run this programme.

541 I: Why will not they follow village people then?

542 P: They will not. They would think that people will turn into politician after running this  
543 programme. They back talk about various things. They say anything they like.

544 I: What things?

545 P: Like many things.

546 I: Please do tell us what sort of things would these people talk about when a village person  
547 runs this programme?

548 P: They will not follow what we say as they think this person might have turned into a  
549 politician and why should we follow them then? We don’t know what they say but we  
550 hear things like this.

551 I: So, they will not follow, right?

552 P: Yes.

553 I: Sister, why should we do it in a group, then?

554 P: If we do it in a group, then many people can join too. No one will go if it is done alone.

555 I: Why did you choose a group then?

556 P: If people are called in a group, then every one of us would come and join the programme.

557 If someone is said in person to join the programme, then they will not come. They will

558 say that they will come but at the end, they will not come. Everyone will come in time if

559 a group is chosen.

560 I: You said that if a village person is chosen to lead this programme, people will not follow

561 this person, right?

562 P: See, the thing is they will obey, but not every one of them will obey. They will speak

563 whatever they like and can question that why should I follow them? They will say that

564 they can take care of their child without this programme too. They will also question that

565 why we should follow you. This thing does not happen if outside people will lead this

566 programme. People from the village can take the responsibility to call other people.

567 I: Do you think launching a combined programme of nutrition and games is a good idea?

568 P: For games?

569 I: Yes

570 I: Where do you think we should run this programme?

571 P: A big and comfortable place where sitting is not a problem.

572 I: You said about monitor, right? Who could be this monitor?

573 P: We should choose special person to be the monitor. We should choose 10 people for this

574 job. We should choose the best person for this job.

575 I: Why do we need to choose?

576 P: The person who takes the responsibility should be choose as monitor.

577 I: Can you give an example?

578 P: They know about their responsibility. They will not work properly if they are not given

579 their responsibility. We should choose the best person for this job.

580 I: And? Who should participate in programmes like this then?

581 P: Mother should go. People are selected from the mother's group. Those people who are

582 well suited for this job should join this programme.

583 I: Who do you think should go in this programme related to games and nutrition from this

584 village?

585 P: Those who understand it should go

586 I: Who do you think should go from your side?

587 P: Mother's should go. Mother's take care of their child. She knows what to do with their

588 child and it would be more helpful if she goes. She could take care of her child. She

589 needs to go as she must take care of her baby.

590 I: What are the benefits of a mother going in this programme?

591 P: A mother learns these things and understands these things and applies to her life where

592 she could take care of her baby. No one cares like a mother does. A mother takes care of

593 her child like no one ever could do. Everyone is busy and focus on other works. Mothers

594 care about their kids and has many tensions in their life as well. So, they are more

595 focused in their kids.

596 I: Can you give me an example where a mother has gone to any programme and then

597 applied it into her child's life?

598 P: In this village? It is good for the kids though if we think like that mainly fathers and

599 mothers. They learn things from mother's group and apply it to the kids. We also did that.

600 I: What did you do?

601 P: We made him food and made him play as well.

602 I: Who taught you that?

603 P: We were taught about the food and about these games.

604 I: Who is supposed to go in this programme beside father and mother?

605 P: In my view, everyone beside these people pays less attention in programme like this.

606 Mother is important in programmes like this. No one else pays attention in programme

607 like this than the mother herself.

608 I: Why did you choose father and mother only for this?

609 P: Any one can make them play. Father, mother grandfather and grandmother could easily

610 pick up their child when they get hurt. No one can make him stop crying after that. It

611 would be nice if any family members are there. Main person required is a mother but

612 anyone from the family will work.

613 I: What benefits does a child get from this combined programme of playing and nutrition?

614 P: Any child will have the growth and development in various ways. Their family members  
615 would be much happier. They will feel nice knowing that their child could participate in  
616 various activities.

617 I: What are the disadvantages of parents not participating in those programmes?

618 P: There are more benefits of participating in this programme.

619 I: Who should go then?

620 P: Grandmother should also go. She could understand many things after taking part in it.  
621 Those who don't have a mother, it would be beneficial for the grandmother to take a part  
622 in it.

623 I: Who should help in programmes like this?

624 P: Group should help in this. They should do all the necessary things to launch this  
625 programme in this village. They should select one monitor first and then run this  
626 programme. Then only this programme can go ahead.

627 I: Who should be this monitor?

628 P: Anyone can be chosen. We should be sure that this person could do this job. We should a  
629 monitor like this guy. Everyone says that this person could be the monitor and he could  
630 do that job.

631 I: Who do you think could be this monitor in this village?

632 P: I cannot say the name. Some deserving people might not want to be the monitor. It could  
633 be made by the group of 10 people. I don't know anything else. I cannot choose that  
634 person alone.

635 I: Who could help in programme like playing and nutrition?

636 P: We can take help from the health volunteers from the hospital itself. We should make  
637 monitor first.

638 I: Who could be the person from the health post?

639 P: Any outside people who is working in the hospital. Politician could also help in that.

640 I: Why did you choose health post here?

641 P: They know many things. Politician also take part in that. I don't know anything else.

642 I: Why do you need politicians? Who could help us?

643 P: I don't know about that. I am a married woman and I spend most of the time in home  
644 only. I only tell those things which I know.

645 I: Ok you can tell us what you know.

646 P: I don't go outside much often. I don't know anything else.

647 I: Who should help I launching programmes like this beside the people from the health  
648 post?

649 P: Health volunteers provides us necessary vaccines and all. They help us in many ways.  
650 They deliver vaccines in timely schedule in village. They should do it always.

651 I: Who should we coordinate with in the health post then?

652 P: Any senior level officer.

653 I: Who else should help us in this programme? You said health post and politician, right?

654 P: People should help. Neighbors and people in this society should help.

655 I: Who should be present and take part in this programme then?

656 P: Children should take part and their parents should participate.

657 I: What would help them to make it easy to participate?

658 P: People find it hard when they have to travel far. It should be done in this village. They  
659 think that their child's growth and development is taking place. Children should take part  
660 in it specially.

661 I: Sister you said that health volunteers are required, right?

662 P: Those who does the measurement of pregnant women in hospital should do this.

663 I: And why do you think a politician is required? How could a politician help in this  
664 programme?

665 P: Good politician always think good for their village and many more. They do all the  
666 necessary things required. They should take suggestions form four people and do what is  
667 required to make this programme fruitful.

668 I: What can be done to make it feasible to reach this programme in every house?

669 P: It will be difficult for sure in the beginning. They don't know how to operate that easily.

670 I: What is that?

671 P: People don't know what is important and what is required for the betterment for this  
672 village.

673 I: What difficulties you think we might face while launching this programme?

674 P: Firstly, we all people should unite and make decisions from the group itself. This will be  
675 helpful.

676 I: Anything in this village?

677 P: Yes, there will be difficulties in this society as well.

678 I: What is that?

679 P: They might not work.

680 I: How will be the participation of these people?

681 P: No one can do that here as it is a big village.

682 I: What can influence people in participating in this combined programme in this village?

683 P: It would be helpful if it is launched in this village. If we provide transportation facilities,

684 then it would be much more helpful. For example: they don't have to spend much time

685 walking and reaching there. They can do other works if the programme is finished on

686 time.

687 I: What could be the hampering factors as well?

688 P: We should do in daytime only. It would be challenging if we do it in morning time. We

689 should do it during 12 -2 pm as they have to prepare food and do household chores as

690 well.

691 I: What can be done to make this programme run for more period of time?

692 P: We should give good feedbacks and suggestions. We should show good behavior as

693 well.

694 I: Who should do that?

695 P: Village people should do it. Also, both parties should show mutual understanding and

696 good behavior. They should reach at time. They should complete their work before

697 deadline. Time and tides wait for no one.

698 I: What help you can offer to make this programme successful?

699 P: I can help in accommodation. I can take care of them. I can also do anything what the

700 outside people wants.

701 I: What else can you do to make this programme sustainable?

702 P: Yes, we should do anything as required.

703 I: So, you would also provide food?

704 P: Yes (Laughing). I would also help the mother's group.

705 I: What else would be your responsibility to make this programme related nutrition and

706 games run for longer period?

707 P: We should take responsibility for every member, and we should arrange anything  
708 required. We should also convince people to join in this programme and be a part of it.  
709 I: We should look after their hospitality too?  
710 P: We should make aware to the people in this village.  
711 I: Okay, I have asked everything. Do you want to add anything?  
712 P: No  
713 I: You did well. You said many important things as well. You talked about games, and why  
714 it is important. What we should do and what we should not do. Things like who should  
715 we take help from and what the roles are. Do you want to add anything else?  
716 P: I have one question about this interview. Is this recording going to be published in radio?  
717 I: No, we are not going to do that. We will be using this recording to write in down.  
718 P: You will not use in other places?  
719 I: We will not do that. It will be with us only.  
720 P: Okay.

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723 **End of the Interview**

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