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I: Interviewer

P: Participant

Interview duration: 00:58:20

Language in which the interview was conducted: Maithili

Location: Participant's house

Date of the interview: 19 February 2021

Interview started:

I: Your child just asked for chocolate now ... right?

P: Yes...

I: He asked for chocolate... he also plays with toys... What will happen to your child doing that?

P: It will broaden his mind ... he will be more active ... by playing these things they will be more active ... the more the child play game ... the more they are active ... they are livelier ... they are sharp in everything ... in every work ... in every game ...

I: Child will be more active ... what else? How does it affect the child more ... like you said your child plays those things ... so how will it benefit the child?

P: What will happen We have to manage the things they ask for ... so that they could play with those things. In the future ... it will help them ...

I: More? It will help the child's in future and?

P: They will be bright in any kind of game they will play.

I: What kind of game?

P: Any kind of game ... game like this (playing with rattle) ... this kind of game ... or any other kind of game ... if they will be habituated to those games ... they will be playful ...

I: How will a child under three years of age learn through the game?

P: Their mother teaches them ... their grand-mother ... brother and sister ... they say the "Bauwa (Child) play in this way, take this and play" ... (sound of rattle) ... they learn from

31 that ... we keep the toys in front of their eyes ... and ask them to play with that ... they
 32 then play and learn things ...

33 **I:** What do they learn? What do you do to make him learn?

34 **P:** When his mother is out of the house for any work ... or if she goes to do household chores
 35 then I give him this (rattle) to play ... to cajole him ... he then starts playing with that and
 36 stop crying ...

37 **I:** What kind of thing baby try to learn through games?

38 **P:** From game ... they will ask for a toy ... like “mummy give me that” ... “Father give me
 39 that” ... “grandmother give me that” ... they ask for that ...

40 **I:** What other things baby try to learn through games?

41 **P:** He also learns to eat ... to distinguish food which is eatable and which is not ...

42 **I:** More?

43 **P:** I don’t know much ... I am not that much educated “*Didi*” ...

44 **I:** You use “*gari-gurkaun*” (homemade wooden walker for baby) for your child ... how does
 45 that toy help him?

46 **P:** He will learn to walk ... I put him in that toy and he walks slowly ... he is so small now
 47 ... he will walk using that ... he will walk ... play ...

48 **I:** What happens when you do this (doing something to a child)?

49 **P:** By doing this their body will be strong ... they will gain strength ...

50 **I:** Will it give strength to the body?

51 **P:** Yes. When they will play in sunlight their hands and legs are active ... if I keep him
 52 carrying in my lap ... he will be locked and he can’t shake his hands and legs ... and if we
 53 will keep anything in front of their eyes then they will try to catch those things ... and play
 54 with them ... those children will be more active ...

55 **I:** How will the child learn those things from the game?

56 **P:** Mother and father have to teach their child ... their grandmother ... everyone asks children
 57 to play ... then the child will play ... (00:03:47)

58 **I:** Whatever new thing a child attempts ... how do they attempt that ... how will they do that?

59 **P:** New thing?

60 **I:** Yes, new things like ... they do things differently on a different day ...

61 **P:** Yes, yes ...

62 **I:** How do they do that?

63 **P:** The more a child grows up, the more his mind opens up.

64 **I:** How?

65 **P:** Because mother, father ... grandmother everyone teaches the child ... and some things are
66 recalled by the child itself ... whatever he sees he tries to do ... in this age, the mind of the
67 child is more like ... how they are ... every child are not same ...

68 **I:** The child who plays lonely and the child who plays with their parents ... who talks, laughs,
69 plays ... what difference have you seen between those two children? How will be that kind
70 of child?

71 **P:** That child will be good ...

72 **I:** Which kind?

73 **P:** The child who plays and runs more actively ... those children are good ... they do not
74 trouble their parents much ...

75 **I:** But what differences have you seen in the child who play together with their parents and
76 who do not play together with their parents?

77 **P:** There are differences...

78 (Baby crying)

79 **P:** If the child does not play with their parents ... if the parents do not teach their child things
80 then the mind of such doesn't open up much ... something should be taught by the parent
81 as well ... and something is understood by child themselves when they grow. If a child
82 sees their parents, they are happy and if they don't, they are sad. If parents go somewhere
83 ... the world is darker without parents ... the existence of mother and father cannot be
84 compensated by me ... it is not the same thing ... so they are happy with father and mother
85 ... how much I carry them in my lap but if they see their father ... or their mother ... they
86 are like "Oh my mother has come" ... they say so ... they say "my father has come" ...
87 they then carry them to their lap. They show their love and affection ... they also breastfeed
88 their child ... and again, after feeding they are like "sit quietly I will do some of my works
89 now"

90 **I:** In all kinds of game ... among all kinds of game ... from which game do they try to learn
91 things?

92 **P:** Which game ... during childhood.

93 **I:** Yes...

94 **P:** As the child grows up ... as they complete their first year ... they start playing games ...
 95 when they reach five years of age, they are admitted to school ...

96 **I:** Not five years ... let's talk about a child under three years of age ... through which kind of
 97 games do they learn things?

98 (Sound of the generator)

99 **P:** When parents go out somewhere... I carry him ... when their parents aren't available child
 100 doesn't feel cheerful ... they feel like when will their father come ... when will their
 101 mother come? That also happens ... and when they see their parents in front of them ...
 102 they are happier ... this is what is related to a child under three years of age ...

103 **I:** What kind of things the child under three years of age tries to learn?

104 **P:** To play ... to feed ... they recognize their mother ... they recognize their father ... they
 105 recognize their grandmother ... they recognize their sister ... they recognize their brother
 106 ... that is what happens ...

107 **I:** It means they start recognizing their parents ...

108 **P:** yes.

109 **I:** More?

110 **P:** They wanted to jump to their laps ... they then play with them ... "Take this ... eat" ... so
 111 that child could enjoy that ...

112 **I:** So far in your village The child you have seen ... the playful child ... the children who
 113 are played with by giving them time and the child who plays lonely ... what kind of
 114 differences have you found between those children?

115 **P:** The children who don't play with their parents are different ...

116 **I:** What kind of difference?

117 **P:** Difference like ... people won't take care of their child ... they will have more child ...
 118 they can't take care of child Their child remains dirty with running nose ... they are
 119 dirty ... They play dirty.

120 **I:** Those things are related to sanitation and hygiene, right?

121 **P:** Yes.

122 **I:** What difference did you find between the child who plays with their parents and the child
 123 who doesn't play with their parents?

124 **P:** There is a difference.

125 **I:** What is that?

126 **P:** The child who are habituated of playing ... those children will be eager to play anywhere
 127 they go ... they will move forward ...

128 **I:** How forward?

129 **P:** Like whenever they go any of place ... they try to catch things ... they try to play with
 130 stuff... like ... will take this ... take that But those children who aren't habituated of
 131 playing they will have fear to visit any place ... because those children do not what is
 132 playing ... they are not habituated to that ... for instance, if I will go anywhere I will have
 133 fear inside me ... but if you see yourself you are not fear to go anywhere ... that is what
 134 happens to the child as well ...

135 **I:** How will children release fear from them then?

136 **P:** By playing ... by letting them play ...by letting them go anywhere .

137 **I:** How important it is for the guardian to play with their children? How important is it to
 138 teach children?

139 **P:** Very important to teach ...

140 **I:** Why?

141 **P:** Because of the future of the child ...

142 **I:** What future?

143 **P:** Future ... more the child will play More they are active ... more they are forward ...

144 **I:** More? How will they move forward?

145 **P:** They will move forward in games. They will have active speaking.

146 **I:** More? How important do you think?

147 **P:** That's enough now "Didi" ... I don't know much ...

148 **I:** (Laughs) What have you found in the village?

149 **P:** What?

150 **I:** In the village ... games related to child ... how often children are, made to play ... what are
 151 the efforts of parents? What do they try to do? How important it is? (00:10:15)

152 **P:** They teach them to call mummy and papa ... they say so ... they teach them to play stuff...
 153 to walk ... those things If this will be fed child will be like this ... if that will be fed
 154 child will be like that ...

155 **I:** But how important they find games for a child? People of this village

156 **P:** People of this village ... they do not have much time ... they keep their child to their mother-
 157 in-law or sister-in-law and then go to their work ... so, the responsibility of a child is of
 158 mother-in-law or sister-in-law ... so we carry them in our lap and give them something to
 159 play with ... they then play with them. We feed children... we keep them ...

160 **I:** People of the village ... for the child under three years of age ... what kind of game do they
 161 let their children play?

162 **P:** What game ... what game will they play ... what game will a child under three years of age
 163 play? (Loud voice) ... they will play with these things ... rattles ... they will play with toys
 164 ... walker ... those are the things ... what else the game will child under three years of age
 165 play ... these are the games ...

166 **I:** Have you ever seen any child playing with these things? One who teaches the child to play
 167 ...

168 **P:** I haven't seen "Didi" ...

169 **I:** You haven't?

170 **P:** No I play with my child only ... I give them something to play with ... I say "take this
 171 ... play with this ..." I teach them to call mummy ... papa ... Didi ... I teach my child those
 172 things in my own house. I teach them "Where is your house" "In which ward" ... I teach
 173 such things to my children ...

174 **I:** As you said about your family ... but what about others ... how to do others (Interrupted)

175 **P:** How would I know about another family...

176 **I:** In the society ... Haha it is okay ...

177 **I:** In your opinion how important is a game for a child under three years of age?

178 **P:** It is important didi ...

179 **I:** Why?

180 **P:** The children who are habituated to playing they enjoy games only ... they are not the ones
 181 who can do tasks ... so we need to let them play ...

182 **I:** Why they need to play?

183 **P:** Why ... to make them active ...

184 **I:** Active?

185 **P:** Yes.

186 **I:** Now you have understood things Right?

187 **P:** Yes ... Now I have understand ...

188 **I:** Now about those games ... what is available in your village ... I do not know about that ...

189 you have to tell me those things now ...

190 **I:** As you said if the child will play, they will be active ... so what kind of facilities are

191 available in this village ... for a child under three years of age ... for them to play?

192 **P:** There are no such facilities ... we aren't given any such facilities ... devotion with strength

193 ... those who are powerful ... those who are prosperous and if God has given them.... They

194 give their child different things to play ... those who do not have enough ... they just carry

195 two rupees with them and take their child to fair to buy them toys ... "I will take this for my

196 child ... my grandson will play My granddaughter will play" ... now we do not have

197 that much capacity to buy our child big jeeps and toys ... we do not have such capacity ...

198 we are poor ... we can just afford is the rattles ... to make our child play ... if you see ... I

199 have bought this walker ... this rattle ... these things ... so he plays with them.

200 **I:** For a child under three years of age ... what kind of games have you heard of?

201 **P:** I haven't heard any.

202 **I:** For which age group of children there are programmes here?

203 **P:** Now as you have educated me ... I will teach others about these things ... this kind of

204 education has never come to us ... nothing has come in the child sector ... so what would I

205 say ... I do not know ...

206 **I:** What kind of programme do you think will be good for your children?

207 **P:** Give us a good programme ... that will not just benefit my child but all other children here

208 ...

209 **I:** What kind of information is needed? What kind of programme would benefit your child ...

210 related to games?

211 **P:** Programmes like ... vitamin supplementation ... education on when to conceive a child ...

212 what kind of food should a child be fed to make them healthy ... make them playful ...

213 cheerful ...

214 **I:** As you said earlier there is no such games-related programme here, right?

215 **P:** Yes, we do not have such ...

216 **I:** So, what should be available in your village?

217 **P:** There should be.

218 **I:** What?

219 **P:** facilities for a child to play ...

220 **I:** What kind of facilities?

221 **P:** If you will give education ... then facilities will come ... till now there are no such facilities

222 So how would I know ... what could be the facilities for a child under three years of

223 age It could be these things ... toys ... balls ... if you will give child those things, they

224 will play with them. Where will a child under three years go and play

225 **I:** So, in your opinion toys related to games should be distributed to children, right?

226 **P:** Yes.

227 **I:** But what could make your child active ... what information do you require?

228 **P:** In my opinion?

229 **I:** Yes

230 **P:** In my opinion, it should be intuitive (easy to use and understand) ...

231 **I:** What intuitive ...?

232 **P:** Intuitive ... like distribution of toys ... vitamin for a child under three ... that is the thing

233 ... vitamin is distributed to a child from 6 months of age ... my child is nearly three years

234 ...

235 **I:** Like you said toys distribution should be done ... you also talked about vitamin

236 programmes... now I am going to ask you about nutrition ... what kind of programmes

237 related to nutrition is available in your village ... for a child under three years of age ...

238 **P:** For a child under three years of age ... mixture of four different grains ... (Litto) ... that

239 could be made and given ... to eat ...

240 **I:** What kind of programmes are in your village?

241 **P:** We do not have any such programmes ... there is nothing like that ...

242 **I:** What kind of facilities are in your village?

243 **P:** facilities like ... iron tablets for pregnant women and immunization for children ...

244 vaccinations ... we also received gifts once or twice ... that's it ... there are no such facilities

245 ...

246 **I:** No facilities?

247 **P:** No!

248 **I:** Initially you said about “*Satuwa*” how did you come to know about that?

249 **P:** I came to know about that from the hospital ... it was given in the hospital.

250 **I:** During these days?

251 **P:** It’s been six months now ...

252 **I:** Did they give “*Liito*” or only information?

253 **P:** They gave “*Litto*” as well ... There was “soyabean, peas, pulse, almond...” all of them

254 were given ... two soaps and a mask ...

255 **I:** When did they give?

256 **P:** Six months ago ...

257 **I:** Was given by the hospital?

258 **P:** Yes.

259 **I:** Do you know who distributed that to the hospital? who gave that in your hand?

260 **P:** Do I know the name of the doctor to say who he was I don’t know the name.

261 **I:** What else are the facilities available in your village for child nutrition ... vitamin ...

262 **P:** There is a Polio programme... vaccine ... tablets ... vitamin ... immunization ... three

263 different kinds...

264 **I:** Anything related to the measurement of a child? (00:18:11)

265 **P:** Yes, both measurement and weighing of a child are available ...

266 **I:** Who does that?

267 **P:** FCHV.

268 **I:** `Where she does that?

269 **P:** There is “*baranda*” ... courtyard nearby ... everyone is called in her ward and then she

270 starts her work ...

271 **I:** Why weighing and measurement is done?

272 **P:** To know the weight of the child ... to know whether the child is healthy or not ... the

273 children who are healthy ... they are given polio, vitamin, immunization ... the children

274 who are weak they are given “*Litto*” ...

275 **I:** Is that programme still in progress?

276 **P:** Yes, it is running for the last 2-3 years. But it’s been six months since we were given that.

277 **I:** Didi, as you said about the vitamin programme and also about the weighing and

278 measurement ... how do you feel about that programme?

279 **P:** I like that.

280 **I:** Why?

281 **P:** Because if any programme related to child comes ... like vitamin ... I like that ... they give
 282 information about child ... people get education regarding that ... so if someone is not given
 283 anything but if they know the process ... than they can come to the home and make a diet
 284 for their child ... they just don't rely on programmes instead they make themselves and feed
 285 their child. And if to talk about weighing then if anyone wants to know the weight of their
 286 child ... if their children are weak ... then they go to the FCHV to measure the weight. And
 287 if the child is low weight then they are given a nutritious diet to feed upon.

288 **I:** You also said that there is a programme that gives vitamins and "Litto" ... how do you feel
 289 about that programme?

290 **P:** We were not taught in that programme "Didi" ... they just came with measuring tape and
 291 measured the arms (MUAC) the children who were weak were given "Litto" ... the children
 292 who were strong were not given.

293 **I:** Did your child receive it or not?

294 **P:** Yes, he received.

295 **I:** Do, they gave you?

296 **P:** Yes.

297 **I:** What do you feel about that programme?

298 **P:** I liked that.

299 **I:** Why?

300 **P:** I liked that because ... they gave us it once and in second time if not given then we know
 301 how it is made ... we made it by ourselves at our home as well ... and our mind opened that
 302 if we will feed this to our child ... our child will be healthy ...

303 **I:** Did they give just "Litto" or did they teach you as well?

304 **P:** They didn't teach us anything. They also gave us a pack and asked us to make "*Khichadi*"
 305 and feed our child.

306 **I:** Who gave that?

307 **P:** FCHV.

308 **I:** FCHV?

309 **P:** Yes.

310 **I:** Do FCHV give that now as well?

311 **P:** Yes, they give.

312 **I:** How much do you feed that to your child?

313 **P:** It's been 2-3 months ... back then she has given me ... I am feeding him ... mixing in the

314 *"Khichadi"* ...

315 **I:** So, all these programmes are nutrition-related programmes... how do you feel about that ...

316 when FCHV distributes those things ... how do you feel ... about her way of distribution

317 ... the place she gives that?

318 **P:** I like that ...

319 **I:** Why?

320 **P:** Because ... I don't have much knowledge ... so for me, she is also giving me knowledge

321 ... and if she gave me just once ... next time I can make it myself and feed my child ...

322 **I:** More ... Why did you like it?

323 **P:** Because it will make the child strong.

324 **I:** How did you find the way of distribution ... how easy it was to go there ...

325 **P:** Hospital?

326 **I:** Taking ... going to hospital...

327 **P:** My name was written ... it was for a child under five years of age ... all of them were given

328 ... depending upon the health of child ... two packets of "Litto" were given ... in addition

329 to that "soybean, peas, pulse, almond" ... and Soap and also mask ... some were not given

330 "Litto" they were only given almond and soyabeen ... soap ...

331 **I:** The person who distributed this ... from which hospital the distribution was done? Do you

332 remember that?

333 **P:** The government might have done that ...

334 **I:** What about FCHV?

335 **P:** She was informed about that.

336 **I:** So, what kind of programmes happened in your village ... one is distributing "Litto" from

337 the hospital ... One was packet distribution by FCHV... another is weighing and

338 Measurement for child ... You just said they call everyone and the services are provided,

339 right?

340 **P:** Yes.

341 **I:** During this kind of programme did you feel any kind of challenges or obstacles or it was
342 comfortable?

343 **P:** No, it was more comfort ...

344 **I:** What kind of comfort did you experience? Why did you feel it was comfort?

345 **P:** Comfort because there are so many children who get irritated but by distributing this
346 I mean if they distribute it only to me then also I can teach others about the procedure
347 ... I also feed my own child and also teach others about that... I tell them to make this
348 because this will help their child.

349 **I:** Did you experience any kind of problem or obstacles while taking those services ... the
350 services for children ... related to nutrition ... did you feel any kind of challenges while
351 taking it?

352 **P:** Do you mean while taking the services?

353 **I:** Yes.

354 **P:** We were asked to be in a queue and then we were distributed with packets.

355 **I:** why did you like that programme?

356 **P:** Because it was more focused on a child ... it was for the happiness of a child ... if the child
357 will feed those things, they will be more active and stronger that is why they distributed
358 those packets.

359 **I:** So, they asked you to form a queue?

360 **P:** Yes ... they told us not to make a noise ... and assured us that everyone will get the packet
361 one by one ...

362 **I:** So, you like that approach because it was distributed forming a queue, right?

363 **P:** Yes.

364 **I:** Now I am going to ask you about games, is it ok for you?

365 **P:** Yes of course.

366 **I:** Initially you said that game is very important for child ... you also said that it will open up
367 their mind ... so, let the guardian play games to the child let there be a programme
368 related to nutrition as well ... but as you said earlier that there is a programme related to
369 nutrition already in your area you also said that the hospital distributes packets (Litto)
370 and *Khichhadi* and they also give the mixture to mix them in cereals ... there are also
371 facilities for measuring the height and weight of the child ... right?

372 **P:** Yes.

373 **I:** You also said that the children who are low weight are also given suggestions ... like what
374 should they feed upon ...

375 **P:** The suggestions are given in a 6 month or a year ... they do not give that in regular basis
376 ... for instance this child is weak ... when we go to weigh him then only, we are suggested
377 ... else they do not suggest us ... when the materials arrive then only, they visit house to
378 see children ... then the FCHV visit door to door ... she carries tape (for MUAC
379 measurement) ... and then she measures the size of arm ... weight of the child ... and then
380 only they give ... if you feel that it is done in regular basis ... then it is not done ...

381 **I:** So, the things are distributed when programmes come?

382 **P:** Yes. And if we go and ask them other days ... if our child is not well and if we ask about
383 materials then they don't give us ...

384 **I:** What kind of facilities do you expect? What is needed ...

385 **P:** We need that ... for our child ... for a child under three years of age ... if the government
386 is willing to give service then they can give ...

387 **I:** But as you said that nutrition programme is ongoing ... it is coming from time to time ...
388 though in six months ... which means there is a programme related to child nutrition ... but
389 in addition to that ... if game ... for growth and development of child ... if game and
390 nutrition programme will be run together ... Big organizations like WHO has thought that
391 nutrition programme should also be run for a child under three years of age ... and the game
392 programme should also be run conjointly ... children should be taught with games as well
393 ... and through nutrition programme as well ... if both of the programmes will be available
394 then it whelp in growth and development of child ... this is the suggestion of WHO ... so
395 they gave the suggestion ... they have thought of doing things like that ... what do you feel
396 about this?

397 **P:** It is a nice thing ... good news.

398 **I:** Why good news?

399 **P:** I am happy that we were not able to teach our child that much but if anyone is willing to
400 help children it is good news.

401 **I:** How much happy you are?

402 **P:** I am very much happy and I must be happy ...

403 **I:** What kind?

404 **P:** Very happy ...

405 **I:** What kind of facilities is required?

406 **P:** Nice one.

407 **I:** What will happen if this kind of programme would come?

408 **P:** It will be very nice. If this programme will come it will be a happy moment for us ... we

409 were not able to teach our child ... so if we are being supported it is good news.

410 **I:** This is just the thinking of WHO ... the programme is yet not fixed to come ... these are

411 the suggestions give ... they say that just nutrition will not help child ... so they should be

412 taught through games as well to sharpen their mind ... this is what WHO thinks ... if both

413 of the programmes will be taken conjointly it will be good ... what do you feel about that

414 concept? How will that programme work?

415 **P:** It will be good.

416 **I:** Why?

417 **P:** It will be good because ... we were not able to educate our child to that extent ... so if the

418 government is willing to support children then it will be good news, this should be done ...

419 the support Nepal government has given us is like ... even we teach our child about games

420 and in addition to that if Nepal government is willing to give that then I feel very happy

421 about that ...

422 **I:** You are happy about that?

423 **P:** Very much ...

424 **I:** If they will teach things related to games and nutrition for a child then how will it affect

425 children? What good thing will happen to the child?

426 **P:** In the future?

427 **I:** Yes.

428 **P:** They will be more active.

429 **I:** Active ... what else?

430 **P:** Their mind will open up ...

431 **I:** More?

432 **P:** They can get success in games and sports ...

433 **I:** What kind of games?

434 **P:** For instance, if they will go from their school ... in any game competition (sport
 435 competition) ... so if they will be habituated of playing then they will play well there. They
 436 will win the game and get success.

437 **I:** What are other things they will be active in?

438 **P:** In every kind of work ...

439 **I:** What kind of work?

440 **P:** After they get matured ... after three years of age ... when they will go to their school, they
 441 will be active there as well ... even in sports like cricket they will be active in that as well
 442 ... also in other works and tasks ... umm ... they will be active in talking as well ... they
 443 will be active in everything actually ...

444 **I:** Also, in talking, right?

445 **P:** In everything ... they mind will open up to go to school ...

446 **I:** What will the community people think about such a concept?

447 **P:** If anyone will find that ... his/her child is active then it will be a good thing to hear ... every
 448 child should be like that ...

449 **I:** About the programme ... which will include child nutrition and games ... for that kind of
 450 programme what are the thoughts of the people of this village? What would they think about
 451 this?

452 **P:** It's a good thing.

453 **I:** Why?

454 **P:** It will be good ... "see his/her child ... they are playing ... they are studying ... they are
 455 progressing" people would say such a thing ...

456 **I:** What kind of thoughts will community people have in it?

457 **P:** They will have good thoughts.

458 **I:** Why will they have good thoughts?

459 **P:** People say good to good things and bad to bad things ... even if I will be bad ... people will
 460 call me bad if I will be bad and if I will be good people will call me good ...

461 **I:** Why would people have good thoughts about this programme?

462 **P:** By teaching to play ... to study ... mind will open up ... "His/her child is so smart ...
 463 his/her child is so active" people would say so ...

464 **I:** What will community people think about the combined programme ... the programme
 465 which will come? What will be their thoughts regarding that?

466 **P:** They would wish to have their child like that ... they would wish their child should also
 467 get such facilities ...

468 **I:** They would think so?

469 **P:** Yes.

470 **I:** What will community people think about this?

471 **P:** They will be disheartened...

472 **I:** Why?

473 **P:** If other children will receive the service and their child will not ...

474 **I:** For these two programmes ... games and ... guardian should teach their children games and
 475 also about nutrition ... What will community people think about this programme?

476 **P:** They might think if they will also help their children with games and nutrition then they
 477 will be healthy too ...

478 **I:** For this programme?

479 **P:** Yes ... “my child should also follow this” ...

480 **I:** What will they think about the programme?

481 **P:** They might think “his child by participating in that programme has become like this” ... so
 482 they will imitate those children and teach such habits to their own child ... they might help
 483 them in games and nutrition ... education ...

484 **I:** If that programme would come ... what should be followed to bring that programme ... in
 485 what way can that programme come?

486 **P:** In what way ... through FCHV ... you people can come ...

487 **I:** Why FCHV should be involved?

488 **P:** Because FCHV has been chosen ... they work in every ward ... even when you came you
 489 searched for FCHV ... even if our daughters or daughter-in-law are pregnant we search for
 490 FCHV ... because she knows different things ... so we look for her ... because she is
 491 experienced and knowledgeable so her help is taken ... that is why FCHV is looked for in
 492 any case ...

493 **I:** Oh, so if anyone comes here, they search for FCHV?

494 **P:** Yes, they do.

495 **I:** Why did you choose FCHV only?

496 **P:** Because of these things ...

497 **I:** Which?

498 **P:** Because FCHV has helped children with immunization ... with vitamin ... polio ... they

499 inform us if any programmes are conducted ... there will be a facility in my village ... that

500 is why I have chosen FCHV.

501 **I:** If anyone would bring programme ... through whom it can be brought? One you said FCHV

502 ... and we also told us ... why do you want us?

503 **P:** We want you because you people are the ones who come here ... so if you will bring

504 programmes then only it will run ... FCHV cannot afford to bring such type of programmes

505 ... if it will come from top-level then only FCHV will work for it ... FCHV cannot afford

506 to bring herself ... so if you will instruct her what to do ... how to do ... than only FCHV

507 will give services ...

508 **I:** So how should the programme be brought? In what way?

509 **P:** If you people will help and support ...

510 **I:** we will do that ... but what else needs to be done ... in what way ... so that the programme

511 will be successful for the village? One as you said ... through FCHV ...

512 **P:** Yes ...

513 **I:** What are other ways ... how can this programme run ...

514 **P:** The way you made me understand ... the way you are interviewing me ... in the same way

515 ... as I have said four different things ... others will also say other four different things ...

516 in other villages there are not such programmes ... not such games related programme ...

517 so we would like this kind of programme in our village. (00:35:07)

518 **I:** If that programme would come, how will it benefit this village? In what way should this

519 programme run so that it reaches every house ...

520 **P:** For that, there should be a meeting ...

521 **I:** How?

522 **P:** FCHV should arrange a meeting for women with a child under three years of age ... she

523 can say “come in this day ... on this time ... this date ... every mother should come and

524 learn things what is required” ... “everyone should come with their child” ...

525 **I:** Have you seen any FCHV helped in these kinds of things?

526 **P:** No. I haven't ...

527 **I:** As you chose FCHV for this ... and as you said that meeting should be arranged by FCHV
 528 ... so have you seen FCHV arranging these kinds of meetings?

529 **P:** "Didi" if any programme comes then FCHV inform us about that ... she says "there is a
 530 programme ... and so sir and madams have come ... and they have told you to come ... so
 531 lets' go ... you will know the purpose" so she invites us in that way ... we then go ... they
 532 then share whatever they want to share ...

533 **I:** If that programme would come ... you said to choose FCHV right?

534 **P:** Yes.

535 **I:** So, in your view should this programme should be done through door-to-door visit ... or it
 536 should be done through group ... why did you choose a group?

537 **P:** I chose the group because ... if any programme comes ... for instance ... even when you
 538 came you searched for FCHV ... so if FCHV will gather 4 people then only she can share
 539 ... and if my child is not properly developed or if my child is mentally retarded then she
 540 will search for me ... whose child is already active or developed they might not call them
 541 ... those things also happen ...

542 **I:** Because FCHV identifies everyone ... right?

543 **P:** Yes. FCHV watches over all of us ...

544 **I:** As you said household visits should also be done to bring that programme ... why did you
 545 choose that?

546 **P:** "Didi" will it work if only I will survive ... all should survive ... it won't work if only I will
 547 survive ... even in these programmes those whose children are weak are given something
 548 ... those children who are weak are given but those children who are already strong they
 549 are not given anything ... and as you are saying about the games programme ... so who
 550 will like it or not ... who will bring it ... who not You should know about those things
 551 ... I do not know about that ... you are capable of bringing that not me ...

552 **I:** For that kind of programme which could be the best time? At which time should it be
 553 conducted ... in which time should FCHV invite others ... which time is favorable ... for
 554 every individual of village...

555 **P:** For everyone?

556 **I:** Yes.

557 **P:** The time ... the month ...
 558 *(Phone rings)*

559 **I:** In what way should it be done ...

560 **P:** In what way ... they can give any time ... If there will be work burden then as I said
 561 any time would work ... we can conduct it any time ...

562 **I:** Still which time would be favorable ... best time ... for everyone?

563 **P:** Everyone? For everyone *Baisakh* would be appropriate ... *Jestha or Baisakh* ... During
 564 those times everyone stays at their homes ... they do not go out of the house because of
 565 sunny and windy days ... so if any programmes at that time they had a feeling that it is
 566 better to participate in the programme ... to learn things ... rather than staying random at
 567 home ...

568 **I:** *Didi* ... one more thing ... why did you choose a mother with a child under three years of
 569 age?

570 **P:** What?

571 **I:** Why did you choose a mother with a child under three years of age ... to participate in that
 572 discussion?

573 **P:** I chose mother with a child under three years of age ... because ... because ... they are the
 574 one involved with the upbringing of child ... we are old now ... we cannot take care of child
 575 much now ... We do not know how long we are alive and when we will die ... so if the
 576 mother of children is educated then they can take care of their child ... they will teach them
 577 about games ... they will give them nutritious food to feed ... for everyday ... and we are
 578 old now ... we don't have much sense now ... we do not remember things ... that is why I
 579 chose the mother of the child ... so that they could take care of their child ... they will help
 580 them with games, food, sanitation, and hygiene ... everything ...

581 **I:** That is why you chose the mother of the child?

582 **P:** Yes.

583 **I:** Should only the mother of the child should participate in that programme or others should
 584 also participate in that? What do you think about that? Whose else participation is important
 585 in such kind of programme?

586 **P:** Everyone's participation is important it is important for me as well ... I also have a
587 grandson and daughter so it is important for me as well ... so it is important for me for child
588 father and also for child-mother ...

589 **I:** Grandmother participation is also important?

590 **P:** Yes.

591 **I:** Why is it important?

592 **P:** Because I am responsible to take care of my grandchild ... because if the parents of the
593 child would go anywhere then I am responsible to take care of the child ... so ...

594 **I:** Oh, when parents will go outside ...

595 **P:** Umm ... yes ...

596 **I:** So how will you be able to teach your grandchild the things that you have learned from the
597 programme?

598 **P:** If I will go and learn things there (in the programme) then I will share all those things with
599 the child mother ... I will tell her "Feed him this ... keep him like this ... play with him ...
600 do this ... do that ... if you will do these things your child will be active and, in your absence,
601 I shall do those things for your child because I have also learned things there so in your
602 absence, I can feed the child and take care" ...

603 **I:** Who could be the main people responsible for such kind of programme?

604 **P:** Main?

605 **I:** Yes ... for this programme who could be the best person ... whose participation is important
606 for this programme? One as you said FCHV ...

607 **P:** Yes ...

608 **I:** Whose else support is required for the betterment of this programme?

609 **P:** *Didi* I think you should choose that.

610 **I:** I do not know ...

611 **P:** You won't?

612 **I:** In what way should that programme run ... whose support in this programme will be helpful
613 for you in the future?

614 **P:** Who can I say, *Didi* ... "*Ghar Ghar Dekha Ek hi lekha*" (Proverb in Maithili: Sarcastic to
615 the ones who tries to take all the benefit by own) if we look around us it is same everywhere
616 ... if the "*Panch*" chief or villagers bring anything, then they put them in their own house

617 first, so whom can I choose ... whom I can recommend choosing? A few days ago, there
618 were schemes for flood victims and the virus (CORONA), lots of relief material came for
619 them but they (chief) had kept those things in their own house, not a single person of this
620 village got any facility and you are asking me to choose ... I can choose them ... I can
621 choose ... but no one will know what he is doing, so if you guys will come and do some
622 programmes here or do some distribution if you yourself take part in it and teach the game
623 ... if you will do this programme through your people than it will be good. But if you will
624 give responsibility to the chief of this village then we will get nothing.

625 **I:** Why?

626 **P:** Because chief do not care of public ... they do not take any care of child ... if anything
627 would come ... they only use those facilities ... they keep them ... so ...

628 **I:** Whose support is needed ... to bring such kind of programme whose else support is needed?

629 **P:** Support might be required of ... ward chairperson ... ward representative, chief, mayor ...
630 their help is needed.

631 **I:** Whose else support is required ... who is the most important person to participate in that
632 programme?

633 **P:** What can I say ...

634 **I:** Still ...

635 **P:** I think you people would be the important one ... No body here in the village seems to be
636 responsive.

637 **I:** As you said mayor ... ward representative ... why did you take their name?

638 **P:** I took their name because you asked whose support is needed ... and their support is needed
639 from this village ... they can give support ... but if the programme will come from the top-
640 level ... if you people will bring the programme ... as you are taking information from me
641 ... so if you people will bring such programme from your side then it can be done through
642 you as well ... but if it is not possible from you people to do it from your side ... and if it is
643 not possible to bring also from ward chairperson, mayor or chief ... it won't come ... but if
644 you are willing to bring and if you think you can do that from your side and you people can
645 engage people with you then it can be done from you too.

646 **I:** Ok ... as you said that support from top-level is also required ... but to bring that programme
647 in your village ... whose help is required to make that programme effective ... whose help
648 and support is needed ... whose help is required?

649 **P:** As I said ... those people ... if we can help then we can support as well ... if it can be done
650 through us then we are ready to help and if not then help from ward chairperson or chief is
651 required ... and if you people can bring that ... than you can bring it too ...

652 **I:** What kind of support will they give for such kind of programme?

653 **P:** “This kind of programme is going to come in my village ... the government is willing to
654 give this kind of programme to our public ... so they will come which will make children
655 happy and healthy” ... that is what ...

656 **I:** Whose else support is required more to expand this programme through the whole village
657 from top to bottom? Whose initiation is required to bring that programme to your doorsteps?

658 **P:** CDO

659 **I:** CDO?

660 **P:** Yes.

661 **I:** More?

662 **P:** How would I know more ... I am not that much educated ...

663 **I:** But still ... whose else support is required from your village?

664 **P:** I am not that much educated *Didi* ... I have already said enough ... things I knew ... and
665 you can try your best to utilize all your mind to bring that programme ...

666 **I:** *Didi* ... you said FCHV ... ward chairperson ... how will those people help in you that kind
667 of programme?

668 **P:** As I said *Didi* ... if you are able to give support then you can give as well ... and if you
669 cannot then tell them “I am giving you these materials ... you have to distribute these
670 materials to the public” even this will work ...but if you will give those materials to ward
671 chairperson than I do not think they will distribute those materials to public ...those playing
672 materials ... I am telling you *Didi* ... they won’t give any materials ... if you will come and
673 distribute yourself than only it will work but if you will ask the ward president or chief to
674 distribute than they won’t do that ... other will also take ...

675 **I:** Who other?

676 **P:** I mean the way you interviewed me ... you will also interview others like this ...

677 **I:** In that programme who should help and support?

678 **P:** Who ... you "*Didi*" (*the interviewer*) ... FCHV ... they will help and support ... who else

679 ...

680 **I:** Why you always add "*Didi*"?

681 **P:** I add because "*Didi*" ... you belong from top-level ... if "*Didi*" (you) won't give how will

682 FCHV manage to bring the programme?

683 **I:** Why is FCHV important for that programme?

684 **P:** Because FCHV is the one who understands about children's more ... They teach and inform

685 us about children ... so

686 **I:** So "*Didi*" and FCHV are needed ... besides them who else are needed?

687 **P:** Besides ...

688 **I:** Whose else support will be required for this programme ... besides me "*Didi*" and FCHV

689 ... whose else support is required for that programme?

690 **P:** We will give opportunity ...

691 **I:** How?

692 **P:** We will demand Give this in our village ... give that in our village ... give games related

693 to programme ... give ... nutrition-related programme ... now you are interviewing ... you

694 have given me the opportunity to speak ... why did you give that to me ... it's because you

695 will think that "she has spoken a lot ... she has given a lot of information so I should also

696 help and support" ...

697 **I:** If that programme would come ... how will you support that programme from your side ...

698 for that programme?

699 **P:** I will give time for participation ... I will give time to play with the child

700 **I:** You will give me time?

701 **P:** Yes ...

702 **I:** What else will you do?

703 **P:** I do not know much "*Didi*". I am not so educated to explain ...

704 **I:** Still ... as you said you will give time ... what other kind of help is required for that

705 programme?

706 **P:** Support ... I will participate and I will also let others participate I will tell others "this

707 kind of programme has come ... you will learn there ... you will understand things it will

708 help your family ... you can take care of your family ... you will feed good food to your
 709 child and for that, you have to be present ... so come with me” ... I will tell them those
 710 things ...

711 **I:** You will also go and you will also take others with you ...

712 **P:** Yes...

713 **I:** More?

714 **P:** I can’t say much now “*Didi*” ... I have no idea ... this is all what I can say ... now you
 715 have to teach me “*Didi*” ... (00:50:14)

716 **I:** What kind of challenges would come to implement that programme?

717 **P:** What challenges?

718 **I:** To run the programme ...

719 **P:** What challenge would come ... it is good news so what challenges would come ...

720 **I:** I mean during the implementation of programme ... or while running the programme ...
 721 what kind of challenge would come?

722 **P:** There will be noise ... commotion (noisy disturbance) ...

723 **I:** Commotion?

724 **P:** Yes, and so Have to calm down ...

725 **I:** What kind of noise?

726 **P:** There will be children... so they may shout ... people might talk randomly ... “I will go
 727 there ... I will go here ...” so they should be made quiet and calm to make them learn things
 728 ... I will tell them “learn things here so that you can also apply that” ...

729 **I:** In what other ways ... you can help in that programme?

730 **P:** For that programme The same way ... I helped you when you came here ... the way I
 731 managed map for you to sit ... similarly, I will give you mat ... I will give you chairs ...

732 **I:** Okay ... (laughing)

733 **P:** If you will ask for water, we will offer you water ... if you will ask for food, we will offer
 734 you food ... if you will ask to see off you ... I will go halfway to do that ... in what else
 735 way can I help you ...

736 **I:** The things what you can do ... you will do ... but what kind of challenge would come in
 737 this village for that programme?

738 **P:** Why challenge would come ... people would say such type of programme has come ... let's
739 go there ...

740 **I:** Still ... during the implementation ... or while running the programme ... what kind of
741 challenge would come? One you said ... noise ... what others? What kind of challenge
742 would come in the future?

743 **P:** What challenge ... like ... if I will like things there will be no fight ... but if others will not
744 like that ... there will be obstructions. ...

745 **I:** What kind of obstructions?

746 **P:** Like I am not valued ... they are valued ...

747 **I:** Can you give an example of that ... has this happened anywhere ...

748 **P:** Of what?

749 **I:** Have these kinds of challenges seen ... during the implementation of such programmes?

750 **P:** Yes, “*Didi*”

751 **I:** What is that?

752 **P:** What happened is ... in our village ... there was the plan of distribution of “*Phalli, Chura*
753 (*Beaten rice*) *chow-chow (noodles)* but what chairperson did was ... he didn’t distribute any
754 of those items ... instead he stored all of them in his own house ... he didn’t distribute in
755 village... so that means it’s opposition ... when the corona pandemic was seen ... there was
756 a supply of rice, dal, potatoes ... those who receive that product they were happy ... those
757 who don’t they were sad ...so this kind of thing happens ...

758 **I:** That is more related to distribution, right?

759 **P:** Yes.

760 **I:** But this is related to knowledge ...

761 **P:** So ... knowledgeable things should be shared with everyone ...

762 **I:** How? What should be done? In what way?

763 **P:** What else can be done ... we should be given information about that ...

764 **I:** More ...

765 **P:** Like “let’s go ... there is a programme related to games ... related to education ... related
766 to nutrition ... so let’s go there ... it is informative ... let’s learn things and take care of our
767 child” ...

768 **I:** Why people of your family would find it nice ... that programme ... why people would find
769 it a nice programme?

770 **P:** Like ... if we haven't received any such programmes previously but if that kind of
771 programme would come to our village then it will be a happy moment for us ... so everyone
772 will find it a nice one. Like ... I was not able to do that for my children ... so if something
773 like that would come for my family ... then it would be happy news for us ... it is a good
774 thing ...

775 **I:** What kind of?

776 **P:** It is nice ... good news ... it didn't come during my generation but if it has come during my
777 son's generation ... then I am happy about that ...

778 **I:** What didn't happen during your generation?

779 **P:** In my generation, there were no such facilities ... but during my son generation ... you have
780 given me chance to speak with you ... so I was able to talk ... you have given a toy to my
781 grandchild to play ... my child was not given that ... so that is the thing ... now as you are
782 saying that programme related to games might come ... so if we will be able to participate
783 in that ... then that is also one thing ... we didn't know about these things during our time
784 ... that is it ...

785 **I:** As you said ... for the village and the community.. you will help and support from your side
786 ... but for continuity of that programme in the future ... what should be done?

787 **P:** Help and support ...

788 **I:** How ...

789 **P:** For continuity ... if you want to continue then... firstly there should be a proper place for
790 that ... place which could run that programme ... a place is required ... everyone will have
791 to visit that place ... (00:55:30)

792 **I:** What kind of place?

793 **P:** Like ...now you have come ... and have sat in my courtyard ... right?

794 **I:** Yes ...

795 **P:** If that programme would come ... you will not have to come to my place to sit ... you will
796 go in a proper place ... so there should be a proper place ...

797 **I:** So ... one there should be a proper place ... what else should be done for the continuity of
798 such programme ... so that this programme would run continuously ... so that everyone

799 gets benefited from this ... what should be done for that? In the future ... how will that
800 programme run?

801 **P:** If we will help then it will run ... else what could be the way ... if we will help then only it
802 will run ... for instance I had my own work now ... but you came and sit here ... and so I
803 had to sit with you ... now I don't have even a handful grass ... my animals will starve now
804 ... similarly we all have to give time ... by leaving all our chores we have to give time.

805 **I:** Why time should be given?

806 **P:** For this programme ... to learn things there ...

807 **I:** who should give time?

808 **P:** We have to give ...

809 **I:** People of this village?

810 **P:** Yes ... you people also have to give time ...

811 **I:** How will you able to imply those things after learning?

812 **P:** From the programme?

813 **I:** Yes ...

814 **P:** I will teach my daughter and daughter-in-law ... I will tell them to do this to keep your child
815 healthy ... feed that ... play this ... play that ... if you will feed this ... your child will be
816 like this ... if you will feed that your child will be like that ... if you will give this your child
817 will play ... they will walk ... their mind will broaden....

818 **I:** Have you ever done that ... learned things ... taught in your house ...

819 **P:** No ... Never ...

820 **I:** About anything ...

821 **I:** No ...

822 **P:** If you have ... please let me know ...

823 **I:** No "Didi" ... I haven't ... I am just sharing what is in my mind ... I haven't learned anything
824 like that ...

825 **I:** Is there anything else you would like to ask me?

826 **P:** Yes, "Didi" ... please teach me ...

827 **I:** No ... I mean what in your mind ...

828 **P:** Tell me ... which of my answers were good and which were bad ...

829 **I:** Thank you very much for giving that much time to me “Didi” ... So, whatever you said ...
830 I am going to share them in brief You said ... game is important but the game won't
831 work alone ... so nutrition is also required which will make the child healthy and help in
832 growth and development of child ... after that, you also said that you will help this
833 programme from your side ... for this, you will visit the houses of the village and also
834 manage mats and chair for people to sit ... you also said that this programme should run
835 with the help of FCHV so this is all the thing ... right?

836 **P:** Yes ...

837 **I:** You also said “Didi” (interviewee) participation is important ...

838 **P:** Yes ...

839 **I:** Thank you

840

841 **End of the Interview**

842