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I: Interviewer

P1: Participant (Child's grandmother)

P: Participant first daughter in law

P2: Participant's second daughter in law

Interview duration: 00:52:46

Language in which the interview was conducted: Maithili

Location: Participant's house

Date of the interview: 16 February 2021

I- What do you liked?

P1- He play mostly with rattle. He is small age now so they cannot speak, after few days he will be able to talk.

I- Okay, he will talk after a while. But you said that the plays with toys, what do you think he felt after playing it?

P1- It is good for him, he liked it.

I- What it did good for your child?

P1- I do not know much. (laughs)

I- How did your child find it?

P1- Did not talked ... (Playing with a rattle)

I- So, child plays it a lot, right? How did he felt after playing it?

P2- Happy.

I- What did you observe in child?

P2- I find him happy with toys. He plays joyfully.

I- What happens to kid after playing it?

P2- They become cheerful.

I- They are cheered up, what else? Sister, what difference did you find in them?

P1- Did not talked ...

32 I- What did you find in your grandchild when he was playing? What changes are seen when
 33 he plays?

34 P1- He was happy.

35 I- So happy and cheerful, what else?

36 P1- I do not know much more. I know only this what can I say. (laughs)

37 I- Sister, he is holding rattle in one hand and plays with it right? What did he learned while
 38 playing that, what do you think?

39 P1- Did not answer ...

40 I- He moves it, looks after that. He will make it sound and move it from one hand to other.
 41 What does he learn from it?

42 P1- No answer....

43 I- Right now he did not like it, he is angry, how did you know it?

44 P2- Because he plays a lot.

45 I- Is he bored or happy, can you distinguish it?

46 P1- No answer...

47 I- What effect it will have in their hands and legs?

48 P1- I do not know what to say.

49 P2- They move legs and hands.

50 I- Okay they run their hands and legs, what else? (Could not listen properly due to child
 51 crying)

52 Who will talk now? You played together with your grandson. What happens with those
 53 games, he was happy, or bored? He cannot say by himself, but you said he was happy, what
 54 else?

55 P1- No answer ...

56 I- What happened after playing games?

57 P2- Ask about her child, will answer everything. (Showing another mother of small child ...)

58 P- My child is of one month.

59 I- He will learn just after birth, right? Okay, what else?

60 P- Now, I also know much about this.

61 P2- You can add with yourself here.

62 I- What else does happen to child, could they be able to stand or not while playing?

63 P2- They stand.

64 I- So they keep on standing.

65 P2- They used to stand earlier as well.

66 I- Your child plays as much as you play with him.

67 P- I take him and play with him.

68 I- So, do you throw him up and catch or not?

69 P- Yes, I do.

70 I- Why do you do that? What happens to child after this?

71 P- They become happier while we do that, in future they do not get scared from it. I give him
72 materials to play. It will help them to learn.

73 I- So, you teach them to eat, and he also try to learn?

74 P- They will try to eat, will not be scared in future. Even if I move their throat, they will not
75 be scared, they will have tough body in future. I hang him with legs, they will not be scared
76 to climb trees later.

77 I- What will he feel when we rotate him?

78 P- They will feel happy.

79 P2- They feel relax. They like to roam.

80 P- Sometimes he laughs, sometime cries.

81 I- How did you knew when he cries, you find out that your child has sound or not. What will
82 they feel after being happy?

83 P1- In 4-5 months, we will know.

84 I- What will be effect on their body when we stretch their body?

85 P1- It will be safe for child. Their nerves will get running.

86 I- How did you know child has nerves or not?

87 P1- We know that.

88 I- Who does take more care of the child? For example, you have done all these things such
89 as pick they up, look after them so they would not cry, you try to make them happy and
90 talk with him, you want to talk and speak with child. You said that he will feel happy after
91 games?

92 P2- He speaks, he is happy...

93 I- This is because of game?

94 P1- Yes, because of games.

95 I- What are advantages of games to child?

96 P1- They will know their own and test it.

97 I- What test?

98 P1- Now, everything about their nerves, which nerves are moving. They will be then happy.

99 Will know to move. (Another daughter-in-law laugh) Few children only sleeps, do not

100 listen, will not move few fingers. Their parents will massage them, sometime their child

101 will not move and will continuously sleep. They will breast feed them when he awakes.in

102 house who do not have any elders to teach childcare, their child are not much safe.

103 I- Grandmother call their grandchild, will play with them, and ask them to play? What will

104 he learn from games?

105 P1- They do learn, they have some benefits. In our generation, we did not used to play these

106 games. But nowadays, children do play with many games and toys. They buy toys, when I

107 ask where you buy it from if you do not have money.

108 I- What are advantages or disadvantages of child playing games?

109 P1- It will have advantages over child. But we do not have enough money. How can we buy it

110 in five rupees? Are you trying to investigate that he listens or not?

111 I- You know that your child does play or not?

112 P1- Yes, they look around. When he listens, they weather around them?

113 I- You play and move your child just after they are born, play rattle. What will be difference

114 among child who are not feeding milk, or plays are they only work?

115 P1- They have low brain. He will be more educated.

116 I- What education?

117 P2- Those children are champion.

118 I- What else?

119 P1- In education that their parents give them.

120 I- What are other benefits? What is the difference between children who plays since infant

121 and who does not?

122 P1- I do not know.

123 P2- Those games make a child extrovert. Those children who does not play games do not know

124 to play games and will be of dumb nature.

125 I- Dumb nature, what else?

126 P- My child is not of dumb nature. They have not played any games.

127 I- But in village there are mother, father and grand mother who play with them. Those who
 128 do not have played games what difference in those children?

129 P2- People of Digambarpur only grows cauliflower and brinjals. (laugh)

130 P1- Even we only grow cauli and brinjal, we have not cared much about children. I have not
 131 given any harm to other child and nor other have given to mine.

132 I- How much games are important?

133 P1- It is important till they are child.

134 I- And, how much it is important for children below three years?

135 P1- Very important. They will learn how to behave, will learn to study, and move ahead.

136 I- They will learn to behave, what behavior?

137 P2- There body will be healthy.

138 I- Healthy body, what else?

139 P1- They will understand better and will move ahead. Their roots will be stronger and will
 140 speak.

141 I- Who will specially take care of children such as feed them, play with them?

142 P1- Children mothers.

143 I- What does mother do?

144 P1- They give them milk ... cleanliness is also done by mothers.

145 I- And, who will take care and feed them?

146 P1- He does not eat these days.

147 I- So he only drink milk? And when he gets sick, who take care of him?

148 P1- God has not given any sickness yet.

149 P2- I do take care.

150 I- Who mostly take care and do work of him? Who plays and tries to talk with them?

151 P2- Grandmother does.

152 I- So, grandmother does. So, until this 6-month child become 3 years old, how will he learn
 153 new things each passing days?

154 P1- Through behavior ...

155 I- What kind of behavior?

156 P1- Just like his grandmother does.

157 I- Like what?

158 P2- Grandmother feed him, then he opens his mouth.

159 I- And what type of talk between child and grandmother happen? How will he learn to open

160 mouth?

161 P1- When some time children are kept in lap they stay there. When he cries, I call his mother

162 and then She feed him milk.

163 I- Every day he will surprises you right?

164 P1- Child?

165 I- Yes

166 P1- With each passing day they will show miracle.

167 I- How does he do it?

168 P2- He only used to sleep but now he rolls over.

169 P1- Rolls, crawl, move forward and backward.

170 I- How does this happen? Who teaches them this?

171 P1- Nobody does teach him.

172 P2- laughs

173 P1- I only know this, nothing more. (God teaches him)

174 I- Now we have finished talking about the games. What shall be done for child separately?

175 There are many things that we must make children below three years and many things we

176 need to stop them. For children like that what programmes are there?

177 P1- I will not say about others. I do not go to another house, nor I let anyone to visit mine.

178 I- You might know things of village, what do you know?

179 P1- Yes, I do not go to other houses. I am busy in my own work, home, and child. I do not

180 know other things.

181 I- It is about games, what kin and how should be played. Are there any programmes related

182 to games?

183 P1- No, there are not any.

184 I- Whether from women development, or organizations, or health post people, did not they

185 come with any programmes related to games?

186 P1- No, they did not.

187 I- Do anyone does it in your village at somewhere?

188 P1- No.

189 I- Is that programmes necessary?

190 P1- In house who does not have anyone to take care of child, it is very much important. They

191 leave their work and learn these. I became old by learning all this thing. My children are

192 now all grown up, so I do not need to learn. Those who have children should learn it.

193 I- Village people...

194 P1- We must tell him that what they should at, and they should not. How much they need to

195 feed them; we need to say them otherwise they forget. They leave their child for work. You

196 will say but it is mother who will do that.

197 I- But you said that games are important for children. How much it is important to learn

198 games?

199 P1- It is important.

200 I- How much important for children of your village?

201 P1- If you will give us materials in free, we will take it.

202 P2- They are not saying this. They are asking that how much it is important for child who were

203 not played by their parents and left them alone?

204 P1- Kids below 2 years are left in mosquito net to sleep. They do not even speak, walk, they

205 do not move their body parts.

206 I- Okay this is about physically disabled children, but how much it is important to teach

207 games to children of this village?

208 P1- It is important very important.

209 I- Why?

210 P1- They will learn to play, will have stronger body, will speak, we will know whether they

211 talk and listens or not. We can understand that all their body parts are working well.

212 I- Okay, that all are important from mother and grandmother, how much it is important to

213 learn these?

214 P1- From mother.

215 I- How much it is important to learn with mothers and grandmothers in this village?

216 P1- It is important.

217 I- Why it is important in this village?

218 P1- No one knows to do this here.

219 P2- They give less importance to their child over their work. They forget them in front of work.

220 I- How will they leave child below three years?

221 P2- When children are sleeping mothers do their work.

222 I- How much development thar child will does?

223 P1- We can teach them when he grows up.

224 I- Now I will talk about nutrition. How much do you know about nutrition?

225 P1- No, we do not.

226 I- Children nutrition, food, and health!

227 P1- No we do not know anything.

228 I- What type of food should be children provided?

229 P1- I do not know anything.

230 I- Okay, this child is of this month, so what kind of food should be they provided? What food

231 will make them healthy and diseases free? Have you got this information?

232 P1- No

233 I- Where are your female volunteers of your tole?

234 P2- Are there any in our tole?

235 P1- Volunteer sister only visited yesterday to give injection (vaccine).

236 P2- Who here is female volunteers in our tole, I do not have ides. They do not even come to

237 vaccinate us.

238 P1- Here is Janice who works for PHC, she tells us few things that she learned from there.

239 I- What does she learn?

240 P1- What we must eat, which medicine, for pregnant mother. They learn that and then inform

241 us.

242 I- Who is Janice and where does she work?

243 P1- In the hospital.

244 I- Which hospital?

245 P1- Government (PHC)

246 P2- In health post.

247 I- Okay, health post. Do you go yourself to learn?

248 P1- Yes, I go to give milk of ow and buffalo. I give to 2-3 house.

249 I- Does she teaches you personally or teach at hospital?

250 P1- When I go to her home, she says that she works at PHC and there she learnt what should
251 be eaten.

252 I- So due to personal relation?

253 P1- Yes

254 I- So, you learned about pregnancy due to personal relation. What should be child given to
255 eat? How did you learn that?

256 P1- I have not learned that.

257 I- How often this child measurement has been taken?

258 P1- It does.

259 I- Where?

260 P1- At PHC.

261 I- What suggestions does they give there at hospital?

262 P2- They do not say anything. I weight my child myself. There is one weighing machine, I ask
263 them to weight my child and then they do. They do not ask me to weight, I do it myself.

264 I- Have you learned or taught about nutrition, food, immunity, and health?

265 P1, P2- No

266 I- One is that you go at hospital and other is you know Janice personally who says about
267 mother!

268 P1- Yes

269 I- Then have you listened about child?

270 P1- No we did not. We feed them as we know.

271 I- So mother only knows and feed them. What is advantage of weighing child?

272 P2- Is weighing child beneficial or not?

273 P1- I do not know anything.

274 I- Do your relatives also take measurements there or not?

275 P1- We go there and then weight ourselves. My daughters-in-law go monthly there and know
276 what weight of their children is. Mine was 7kg last month.

277 I- And do you get any suggestions there?

278 P1- No nothing.

279 P2- No we get nothing. They sit there at sun in chair. When once I go there to weight my child
 280 and ask for machine, no one answered. This is a governmental benefit; cannot we get that?
 281 When I said this, they said there is not. We are not allowed to go that room, so I left that
 282 time. And yesterday when I went to vaccinate, then I have weighted my child. Mommy has
 283 shown me.

284 I- As you give milk so.

285 P2- Mummy (mother-in-law) has seen that place herself and told me. One who do not know
 286 this, how can they know about weight importance?

287 P1- Now everyone is literate, they know themselves.

288 I- One who is educated will understand. How will illiterate understand?

289 P1- Now, in worked everyone is educated.

290 I- Sister, do you give your child vitamin “A” in vitamin “A” feeding programme?

291 P1- No

292 P2- Right now the child eats, only milk.

293 I- Are not children given vitamin “A”?

294 P2- No, we do not know.

295 I- So, child also do not have vitamin “A”?

296 P2- No

297 I- What type of programmes related to nutrition should be run? What should be done?

298 P2- We will know only if you describe.

299 I- We do not know. What should be taught you about children food?

300 P1- I also do not know.

301 P2- It should come. We only know that we should take weight of our child in hospital. We
 302 compare weight of every month and know the difference. It is all we know personally.
 303 They have washed that room and do not let us enter there. We do not even know that we
 304 should or should not measure children, food is another thing.

305 P1- People from government come write in paper and return. We do not get any feed or notice.

306 P2- When I was pregnant, I fill out one form which would give money. I have done that. After
 307 2-4 months when I asked about money, they said due to lockdown money will come latter.
 308 Yesterday also I asked, they said its still pending and will arrive at the month of *Falgun*

309 first week. Yesterday again I went there and asked to same person, he replied that money
 310 was returned. How will we get that information!

311 P1- We spend our 2-3 days money to go there.

312 I- That much time is taken? Sister, there are lots of kids in your society. Do they need
 313 information about food, nourishment? What should be done to make it easier for them?
 314 Have you ever thought about this? What should be done?

315 P1- We know that in school they used to give *Halwaa* of different types. But now they do not
 316 give it. Everyone from upper level corrupted that fund.

317 I- Okay, so there is programme of distributing Halwa to kids?

318 P2- We do not know. No one tells us and we also do not know.

319 I- So, then what should be done as per you? What have you thought? What shall be done for
 320 children of this age?

321 P2- There should be programmes. One who knows will obviously adopt that in house. One who
 322 does not should be made understand.

323 I- Who you blame? Government or official?

324 P2- I blame government. Government does send from there, but we people of house do not
 325 know weather government officials arrive or not. How can we village people know that?
 326 Government says that we do send but village people do not know. Primary health care
 327 officials say I been there yesterday too. Ask from them but no one sys us, how can we ask?

328 I- When you knew to take measurement, how did you feel? What do you want to be done?

329 P- I do not want to get anything. I just weighted my child. What are its advantages or not, how
 330 can people know that?

331 I- According to you, what should be done? Think once ...

332 P2- I thought that they will measure my child weight and will suggest me. Will say what things
 333 are good for them and what are bad. What we should do for child of this age. If there is
 334 lacking anything, they could explain it to us. But instead, they said room is locked.

335 I- But you wanted to know those things!

336 P2- Yes, I wanted to know what deficiency in my child are. They are doctors. They know better
 337 that what should be weight of six-month child.

338 P1- They have every knowledge about this. But they do not tell us. They are good until they do
 339 not have any job, when they are employed, they do not care.

340 I- Who does that?

341 P2- Staff of hospital. That is fault of primary health care staff. Who should we blame?

342 Government or hospital staff?

343 I- What should staff do?

344 P1- They should tell us what we should feed them and what not. They have to say what should

345 be weight of child in each month.

346 P2- They should measure weight and height of child and say what should be their weight as

347 per month. What we should care about for this and what we should not do. Why does they

348 keep room locked?

349 I- What you did not liked there? There are nutritional programmes, but what do you did not

350 like?

351 P1- Our time is wasted even after going there. Even household chore is delayed. No

352 beneficiaries of going there.

353 P2- Yes, even our leg got tired going that far.

354 I- That is very far?

355 P2- Yes, it is very far, and it is difficult to walk with child.

356 I- Do female health volunteers gives any information about what child should be given to

357 eat?

358 P2- Giving information about food is far, they do not even inform us about injection that

359 government provides. This is work of the female health volunteers. But they do not inform

360 us.

361 I- What should be done now about nutrition, food, and health?

362 P1- What can we do, we do what we can from our money.

363 I- No, I am asking now what should be done? What types of programmes should be

364 organized?

365 P2- We want that we should get at least what government have given us. They should inform

366 us at least that much. How can we know? They are not ready to give us which already have

367 been provided, what new will they give?

368 I- Okay, now I will talk about something else. This is about food. There is one programme

369 about nutrition, right? Sister, please listen!

370 P1- Yes, say.

371 I- What suggestions has that organization given about food and nourishment, you said there
 372 are no such information in this village. Have you heard it in somewhere else?

373 P1- I have not been there. I do not know.

374 I- Have you seen or heard about nutrition to children below three years?

375 P2- No have not seen.

376 P1- But in India, there are every facility.

377 P2- Yes yes, I mine village also government have sent that programme ... in Haripur village.
 378 They used to measure children and gives medication which they are deficit of. Also, they
 379 inform about what they should be given to eat and gives medicine too.

380 I- Did they give medicine as they were sick?

381 P2- Yes.

382 I- They inform about nutrition, feeding habit?

383 P2- Yes, hospital at Dhalkebar give?

384 I- What does they give there?

385 P2- They give there *haluwa*.

386 I- Oh, halwa! Like that I do not know about yours, but government has run programmes like
 387 this.

388 There are already running programmes where they say about nutrition in everywhere. But
 389 now with nutrition, you should play games with children. If you play with them, they will
 390 be happy. Now we can run both programmes of games and nutrition simultaneously. We
 391 should take every child from village to this programme. We have thought about this. Only
 392 nutrition programme will not be sufficient for children overall development. Now children
 393 mother, grandparents should play with them and together should care of nutrition. Now, if
 394 both programmes will be added, what will happen?

395 P1- It is good.

396 I- What is it good?

397 P12- That child will eat nicely and with that they will be regularly checked about any diseases.
 398 When they will be taken in this they can see nicely, will play and their body develop.
 399 children will copy each other's good habit.

400 I- What will to society when these both programmes will be organized?

401 P1- Will be good.

402 I- Why?

403 P1- It will be for children growth, food. We will know about their regular growth and know
404 what happens when they will not eat.

405 I- That is only about nutrition. But why learning games are important for children? What will
406 be result of organizing bout nutrition and games programme?

407 P1- It will be good. One who will be free will take their child to that. One who do not have
408 leisure will feed at home and keep in cradle.

409 I- What will happen if this programme is brought?

410 P1- Will be good.

411 I- Which programme?

412 P1- Programme of nutrition and playing games with children.

413 I- What will be thought of society people towards this?

414 P1- Now few might have thought, and few would not have. No one dies from it. (Child cries)

415 I- But also what will they think about this programme? What things will come up?

416 P1- How can I know their thoughts.

417 I- But also you have idea about their mentality! What will they think? P1- no, I do not go
418 anyone's house. I spend my entire day at home.

419 I- What will happen to village if this programme will be organized.

420 P1- You know it better as you will travel 10 places; you have idea of 10 places.

421 I- Yes, I do travel but you know this village more? I visit occasionally only.

422 P1- I do only my own job.

423 I- But also you family members, brothers, sisters, and neighbors, what will they think of it?

424 P1- Now, old one does not listen to new people.

425 I- What will they think then?

426 P1- They will think that new people who are educated knows much than them.

427 I- If programme will come, what way we can take it? What suggestions can you give, in what
428 way one should lead this programme?

429 P- We should not only teach them to swing, but they should also know lots of games. How
430 will you manage to teach every child of village about nourishment and games?

431 P1- One who is educated knows. I do not know.

432 I- Even you are not educated you have made your child all grown up. Educated one also could
 433 not do it.

434 P1- I do that in village women way. Educated one might think more.

435 I- What should be done in what way so that everyone will learn and get information from it?
 436 How can we lead it?

437 P1- This thing will know one whose child will grow.

438 I- Think you as a grandmother of child!

439 P1- I am his grandmother who will be with him for 1-2 years, who will take care after this?
 440 These children know themselves; they ask for toys themselves.

441 I- Is it important or not to play games? How can we run this programme for children below
 442 3 years so that they will learn?

443 P1- We must give tuition and in that should play games.

444 I- In tuition! At what age should we send tuition?

445 P- They will not go. Should be played at home. If his mother is educated, then can teach it to
 446 child.

447 I- So mother should be taught.

448 P1- Yes, his mother should be taught.

449 I- Is it enough if only mothers are taught?

450 P1- Now if mother learns the everyone in home an maintain it.

451 I- What about society children?

452 P1- They also have their mother.

453 I- So mother should be taught.

454 P1- Yes.

455 I- What about grandmother?

456 P1- Now grandmother will soon be gravied.

457 I- What about children father?

458 P- Father do not have free time. He travels in motorbike and do not have any concerns about
 459 kids.

460 I- So father does not have any concern, mothers only have??

461 P1- Child generally spends much time with mother. When they are slapped, their mother saves
 462 them, even they get hit.

463 I- Should this be teacher in every house or together in tole? How can we teach this to mother?
 464 Here are many mothers of this age children!

465 P2- It is not possible in each house.

466 I- So how?

467 P1- Mothers and children from 2-4 houses should be gathered and should be asked. How their
 468 child moves forward? Then their mothers will explain about their playing and feeding
 469 habit. They leave their child for income of some money.

470 I- So in every village community. How should we teach mothers?

471 P1- Mothers have their own brain. When they get married, they will know many things
 472 themselves. Now, how much I should answer, I am thirsty. (laughs)

473 I- So about 4-5 mothers should be gathered.

474 P1- Yes

475 I- And, who should join that? Whose presence would be good for discussion?

476 P1- Who will teach children.

477 I- Teachers?

478 P1- Yes.

479 P1- In past children used to study at 5 years but now at 3 years.

480 I- That teacher teaches only to child of 5 years. How can we take help of them for child below
 481 3 years?

482 P1- Thy will teach only younger only.

483 P2- We can take help from children family, why from outside? No one helps.

484 I- So from family members!

485 P1- Yes.

486 I- One is mother, who else can help?

487 P1- Grandmother.

488 I- and? Why should grandmother help?

489 P2- Grandmothers are experienced for rearing children.

490 I- So, grandmothers have experience!

491 P2- Yes, they have.

492 I- Why you selected only grandmother?

493 P2- What happens to child, grandmother knows better.

494 I- From whom we can take help when programmes related to nutrition and games will run
 495 together? How can we take it forward so that it will be good for children?

496 P2- That mother is bored, lets complete quickly. (Laughs)

497 I- Why did you selected mother only for this?

498 P1- Mother have experienced pain and have more love for child.

499 P2- Child care is done mostly by mother than anyone.

500 P1- They will be their child no matter how much work she has. Grandmother is there for few
 501 times.

502 I- What will be advantages of this nutrition and games to children?

503 P1- For education, there is father when child will grow. But in small age mothers are more
 504 important and they have more advantages of mother.

505 I- Kike what?

506 P1- For example, mothers breastfeed their child for nutrition.

507 I- So, mother knows that child must be timely played and feed?

508 P1- They also teach them. When one mother is educated her child will be self-educated. Mother
 509 have very important role in every child development. If one's mother is weak, that child
 510 will never success. For education mother is very important.

511 P2- If mother is educated whole family is educated, if father is educated, only father is
 512 educated.

513 I- It you are talking about matters in relation to your house. About society and whole village
 514 children below 3 years, for every child of this district, if this programme will be organized.
 515 Then with whom we should take help? Who can make this programme successful?

516 P1- Teachers from each village.

517 P2- If it is governmental work then officials are skilled to do this programme. They can make
 518 everyone in village skilled. If officials will be dedicated, then only everyone will learn this.

519 I- You have mentioned officials, but which officials should be?

520 P2- If it will come, we should search person from each ward who is able to do this. That person
 521 should have reach to that. Then he will ho there with money and returns from there.
 522 Organization people will go and shows card, they will get but he will not have information.

523 I- This is not about money. If nutrition and games related programme will come, from whom
 524 we should take help to run it effectively?

525 P2- If government wants to teach this, they should select one person and they should teach this
 526 to all. Then only it is possible to run programme. If that person does not want to run and
 527 himself want to ruin the programme, then it will not be successful. Firstly, government
 528 should give responsibility...

529 P1- They will search one who can run state.

530 I- What type of person should do this programme then?

531 P- No answer ...

532 I- You have said that officials are needed for this programme, mother should play games with
 533 child and give them information and knowledge. then who should forward this programme
 534 of nutrition and games so that it will run effectively? Whose help should be taken.

535 P2- One who knows, and understand better, also can explain. That person should lead.

536 I- What kind of understanding?

537 P2- One who have that much capacity and ability, one senior person. For example, mummy
 538 (mother-in-law) is much senior than me she knows it better and can teach us.

539 I- Mothers-in-law should give knowledge? who else? She cannot go out so they can teach in
 540 house. Who else?

541 P1- In society also, we have one who goes to 4-5 places. That man's mother (leader of a
 542 religious group) goes many places and listens to many people. She informs that in her
 543 house. And inform others about what happened. She can teach.

544 I- This is place where female (religious) gathers?

545 P1- Yes, they do religious activities.

546 I- So if she learns it will be for everyone?

547 P1- Yes. If it is programme of discussion, we can share our things there. There are four people
 548 who will listens carefully.

549 I- So, one who gives interest should run it?

550 P1- Yes.

551 I- To run these programmes of nutrition and games, what will be challenges in this village?

552 P1- Yes, in future it will have problems. People will say whether we should go to work or
 553 participate in this programme? Only if I will survive, I can teach to child. If I will go to
 554 work, will child play alone? There will be fight among children. These can be problems.

555 I- Will be problem when will go out, and money scarcity, what else?

556 P1- There will be fight and then must sit to solve problems.

557 I- What shall be done then? How can we run it?

558 P1- Educated pundits knows better.

559 I- What type of pundits?

560 P1- One who are well educated they will discuss new things know it. They can manage and

561 handle things very well. They can identify lies. Among 4-5 peoples not everyone speaks

562 truth.

563 I- So, if this programme related to games and nutrition for kids below three-years will start,

564 then what help can you offer? How can you help in this programme?

565 P1- Now will help as much I know. I do not know what to say.

566 I- But also, what help can you offer? What responsibility you can take?

567 P1- I will participate there with my child. That help I can do. I cannot fight.

568 I- So, if this programme related to games and nutrition will start, then what help can you

569 offer? How can you help in this programme?

570 P- No one answered.

571 I- What can you do for this programme?

572 P1- Wow will help to make people who will understand. One who do not, can only say do not

573 fight. We cannot do forcefully.

574 I- Okay if this will be organized at every place. What else can you do?

575 P1- Right now I cannot say anything. I am farmer of cauliflower knows about that only.

576 I- We are at end now. Are there anything you want to ask?

577 P1- No

578 I- Do you want to ask anything about this programme of games and nutrition?

579 P1- I do not have information. You should answer.

580 P2- I want to know what are needed for children nutrition.

581 I- Are there anything to ask about what should we give children to eat? You have anything

582 to ask us? How much is game important? Can it help in development?

583 P2- They will know it, will develop their brain and body. That person does not have ability to

584 understand, so what can they do?

585 I- What ability do would not have?

586 P2- Everyone does not have knowledge and ability of what should be given child to eat, what
587 should not. If mother and father do not have ability of differentiating about these.
588 I- Yes, you have pointed out important thing. It is a problem.
589 P2- It is not enough for knowing only. We need to supply them too.
590 I- Okay, I will again explain it. Till now what you have told us that games are very important
591 for brain and body development. It will develop their courage. This is your language I have
592 not added anything. It will make their future bright from root. I do not have much
593 information about nutrition related programme. We do not have information and facilities
594 about this. I only feed milk and teach as much as I know. It is good to take both programmes
595 together. It will make their progress. I do not go to other house and take responsibility as
596 well. It will be good if women are taught about this. If grandmother is also taught it will be
597 better. We should teach mother. These are main points, right?
598 You have given us your time, thank you.

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600 **End of the Interview**

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