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I: Interviewer

P: Participant

Interview duration: 1:23:11

Language in which the interview was conducted: Maithili

Location: Participant's house

Date of the interview: 3 March 2021

I: We are on our way of searching a Dalit woman and we have been with one of our officers [X] and she has been helping us. There was a house in this village. People were there and they were gathering as well. We sat on the floor on a mat. We were two people.

P: Some kids are healthy and have a healthy mind. What else can I say now.

I: And you are happy with that?

P: Yes, it keeps them healthy.

I: How are they healthy?

P: They are, don't they?

I: Yes

P: They have a healthy mind after playing games.

I: How does mental health grow from games?

P: Don't they?

I: Yes.

P: I don't know about it. Please do tell me.

I: What types of growth takes place from games? What does a child learn from throwing a ball?

P: Laugh...

I: What does a 3-year-old child learn from games?

P: Hands, legs and brain.

I: How?

P: It develops those parts from games.

32 I: What happens?

33 P: Growth.

34 I: How?

35 P: He throws and then grabs it.

36 I: How does he do it?

37 P: Like a big kid writes everything in his notebook, similarly he does like that. He copies
38 everything from that kid. He learns how to speak certain things.

39 I: And what else?

40 P: It is okay.

41 I: What happens when a kid plays game?

42 P: ...

43 I: How does a game help a child to learn things?

44 P: It develops mind, hand, and legs. Blood circulation is good because of games and makes
45 me happy.

46 I: What else?

47 P: I don't know anything more.

48 I: Kids learn new thing every day, right?

49 P: Yes. Their mind keeps on developing. He could not say uncle at first. Now he says
50 everything. He learns everything taught to him.

51 I: What makes him learn words like mom and dad?

52 P: He is taught good things only. He is taught how to respect thy elders and he should not
53 fight with anyone. Another child also says uncle and aunty soon.

54 I: What happened to the kid when he played that ball?

55 P: He gets the necessary exercise for his body and brain.

56 I: How?

57 P: He uses his mind to play that ball which provides him the necessary exercise. His mind
58 also got the necessary exercise from that.

59 I: What benefits does a child get from this game?

60 P: I don't know about that.

61 I: What types of games helps in the development of a child's mind?

62 P: If he is taught good things like football, which provides him the necessary stretching and
63 exercises.

64 I: What happens after he gets that exercise?

65 P: His body becomes disease free. He is healthy. His brain growth takes place. He has time
66 to learn other things as his brain becomes mind free.

67 I: Mind free? You said a good thing. Could you say more?

68 P: Nothing.

69 I: How important do you think a game is to a kid?

70 P: They turn up to be happy and prosperous after letting them play.

71 I: How important do you think a game is to kids below 3 years old?

72 P: Yes, it is beneficial.

73 I: How? Do you think it is necessary for your kid to play games?

74 P: He plays with mother as well. He also plays with other kids. Some kids only play with
75 their mother which seems like they are sad and unhealthy. Their body becomes healthy
76 after playing games. Those who don't play games are inactive.

77 I: Like what?

78 P: They seem unhappy. Kids who talk and play games are nice. It is like they are champion.
79 Those who don't talk are inactive.

80 I: Like scared?

81 P: Yes. Those kid who plays games are not scared to anyone. They play games a lot when
82 they are old too.

83 I: How important do you think playing game is below 3 years?

84 P: What do I say?

85 I: What difference do you think there is, when a child is being surrounded with their family
86 members to the child where family members don't give much of a time to their child?

87 P: Family should give time to their kids. It ruins the habit of the kids otherwise in
88 everything.

89 I: What do you mean by everything?

90 P: The child is not fed timely neither he is being looked properly, which ruins his habits. If
91 they are not given time, they could not even walk properly at 2-3 years of age. He can

92 walk because as I have given time to him. We should massage him properly at regular
 93 interval.

94 I: What is the difference between children who have been trained with games and who have
 95 not been trained for games?

96 P: That kid becomes scared all that time. He cannot face anything.

97 I: What things make him scared?

98 P: If he sees new toys, then he gets scared. If he is given a doll, he could get scared easily. If
 99 a kid has been playing with it, he would not get scared. A kid should be aware of many
 100 things like, this is a dog and what it does. In this way he won't be scared anymore.

101 I: How much these games help in brain development?

102 P: It helps a lot.

103 I: How?

104 P: He develops a habit of playing always. His brain adopts this thing and he plays regularly.
 105 Those kids who have not been playing games, then these kids cry a lot and get scared
 106 easily.

107 I: What are the things that these kids learn from games?

108 P: These kids get dependent on games and does a lot of things.

109 I: What else?

110 P: I don't know.

111 I: Now I am going to talk about something else. What are things that are being done in this
 112 village for brain development of kids?

113 P: Nothing.

114 I: In this village. Are there any facilities available for brain development of kids under 2-3
 115 years of age?

116 P: These things should be here?

117 I: Yes. What are the facilities in here?

118 P: If a child gets scared, then e goes to his mother. A mother should focus on his kids. If a
 119 mother gives time to her kids, then her kids would play games regularly. She should
 120 focus on various things like kid's hygiene and giving him food at regular interval.

121 I: She should do that? How important is games?

122 P: It makes the body light. His mind becomes free. A kid never should be unhappy. He
 123 becomes happy by playing games. His mind would be disturbed if he is beaten and
 124 scolded often. He gets scared easily.

125 I: What are the facilities in this villages for developing games like this?

126 P: They play with ball.

127 I: In village? What I am saying is, what are the facilities in this village which helps in brain
 128 development of a child?

129 P: Mothers keep their babies with them and play with them, teach them good things. They
 130 don't do out much. There are no facilities like that.

131 I: How do they play with the kids in this village?

132 P: They don't get taught

133 I: How do they teach them?

134 P: Their parents teach them. No one else.

135 I: Only their father and mother?

136 P: Also, their grandfather and grandmother as well. Many of them sing lullaby (*Lohari*).

137 I: What type of song?

138 P: They sing song to make them play.

139 I: Who sings the song?

140 P: Like I do.

141 I: How do you do it?

142 P: I go like this "*Chandaniya Soja*" (Sleep my moon) "*pal bhar me chujpa*" (please hide
 143 soon). I have two daughters and they sleep soon after I sing this song.

144 I: They sleep soon?

145 P: I take care of her. I protect her from everything so that she is safe and sound all the times.
 146 I don't want her to face any problems. Her mind should be free which makes her
 147 mentally stable, and she could study properly. We should teach them good habits. I want
 148 to educate her. I don't want her to be naughty like other kids.

149 I: So, you teach them these things so that she would grow in future.

150 P: Yes, I want her to be familiar and make sure she does not adopt any bad habits.

151 I: Is there any facilities like this in your village for brain development?

152 P: No

153 I: What do you want? What facilities do you think is required in this village?

154 P: Games. There are no facilities like this in here.

155 I: What do you wish for?

156 P: I don't know.

157 I: What would you have taught to your kids if for example, games have been launched?

158 P: I want my child to achieve something in life. Not everything what we wish for gets

159 approved, right? We should look for our own future. If we keep on walking on right path,

160 we will succeed our goal.

161 I: How important do you think game is to achieve that goal or to keep on walking on the

162 right path?

163 P: If they play and study too, then they would be much happier.

164 I: What facilities do you want in games in this village for kids under 3 years old?

165 P: Kids under 3 years of old does not even speak properly.

166 I: What do you want to be added then?

167 P: I don't know.

168 I: What facilities do you want in this village for kids?

169 P: If there was a health post, it would have been much better.

170 I: Please keep on going.

171 P: If someone were here to play with him, like football or something. Someone who teaches

172 him everything so that his brain development takes places. Government also should help

173 us in this. We also need pen and copy from the government.

174 I: Who should teach these things to the kids?

175 P: No one gives time to the kids below 3 years old except their mom and dad. So, they

176 should teach their own kids.

177 I: So, they should give time, right? What should they do then?

178 P: I don't know about that. I think they should go to school.

179 I: Where should be school then? Which school should be then?

180 P: A small school like kinder garden should be there in this municipality.

181 I: So if it was in this village, it would have been better? Who should run this school then?

182 P: A 20–30-year-old women should run that school for the sake of the kids.

183 I: Who should go in that school?

184 P: if a woman is in that school, it would be better. Kids don't get along with male.

185 I: What information's do you need about games and nutrition so that it would be easy to

186 teach these to your kids?

187 P: games like football should be taught to the kids. Had I known it, I would have played

188 with them and taught them how to play.

189 I: what else than football?

190 P: Badminton, should have been taught at early age. If I knew badminton, I would have

191 taught my kids how to play.

192 I: Now I am going to talk about nutrition, okay? What types of programme are there for

193 kids under 3 years of age?

194 P: I made my kid cerelac (baby's food) under 3 years of age. I used to give her 2-3 packets.

195 They eat mother's milk most often. I make him rice and lentil and I don't give him

196 sweets.

197 I: What more facilities are there?

198 P: there are no facilities like that in here. We give them one packet of "Baal vita" and rice

199 mixed in milk. There are no any facilities regarding toys in here.

200 I: What else than that packet?

201 P: That packet should be mixed with milk either hot or cold. We should give 2 times during

202 the daytime and once at night.

203 I: Who gives those packets?

204 P: In health post.

205 I: who goes there to take it?

206 P: Volunteers in our village goes there.

207 I: What more programmes are there regarding food in this village?

208 P: Only that is provided here. They give us one packet of Horlicks and that is it. That can be

209 provided with either milk or water. This is appropriate for kids between 1 and 5 years of

210 age.

211 I: What are the programmes related to kids weight measurement?

212 P: I don't see them here. I have seen them once when I was unmarried in my own home. I

213 don't see them here anymore.

214 I: What used to happen over there?

215 P: They used to weight their weight and note down how old were the kids. They don't use to
 216 do it here.

217 I: Only they have programmes like distributing the packets?

218 P: They only give when they feel like. There is no programme here yet but one injection
 219 programme where vaccines are provided.

220 I: Who gives those injections?

221 P: Governmental injection.

222 I: How do you feel about that?

223 P: I think it is good. The kid becomes healthy.

224 I: Who runs this programme?

225 P: From the governmental side.

226 I: How do you feel about this packet system?

227 P: Good. It gives energy to the kids. It refreshes the mind. Their body also becomes healthy.

228 I: How easy is this process of taking these injections and packets?

229 P: It is easy. I go to that volunteer's house and bring it here. She also goes to door to door
 230 for the distribution process.

231 I: What difficulties do you face while going to take those vaccines and packets?

232 P: Nothing

233 I: Does she only give those vaccines, or she also gives any suggestions?

234 P: she only gives those vaccines and tells us to use it within 24 hours.

235 I: Are you familiar about the programme which distributes vitamin twice a year? What is
 236 the status of this programme in your village?

237 P: Yes, this programme is in our village.

238 I: Where do you go to take that?

239 P: Volunteers used to come in every house bringing those things.

240 I: How do you feel about that programme related to the kids?

241 P: No one ask me about that in this village. Everyone in here complained that and now they
 242 have started to give that timely. We would threaten them if they don't provide these
 243 things to us.

244 I: So you did not like that delay, right?

245 P: Yes

246 I: Now I am going to ask you another question. W.H.O says that programmes like nutrition
 247 food is not enough for the development of kids and for their health as well. It has
 248 suggested that only giving the kids vitamins is not sufficient. It has suggested that
 249 programmes containing games should be launched in parallel with this food programme
 250 for better results. Now government should run programme like this.

251 P: For village?

252 I: What do you think about it?

253 P: Good. It had never been done. Poor people never do it. It should be implemented by the
 254 government. Now everyone's kid could play at the same time.

255 I: Poor people could not play before?

256 P: Poor people could not afford toys. They don't have enough money. They can only afford
 257 food with their earned money. Poor people's children could not play games. If
 258 government implements programme like this, then it would be better. Everyone could
 259 play.

260 I: What could help these children to develop their mental health beside these toys?

261 P: Ball also could be. They learn anything taught by the parents.

262 I: Kids could do that.

263 P: They also learn things from their grandparents. They learn each and everything taught by
 264 their grandparents.

265 I: So they learn from people too, not just by playing games?

266 P: They require everything.

267 I: How do you feel about the suggestion where kids below 3 years should have programme
 268 like nutrition and games?

269 P: Good

270 I: Why? What does it do to the child?

271 P: (No answer)

272 I: how?

273 P: People have not thought about this thing. Those who does not understand these things,
 274 will also come now. Now they will get these information's and will apply it with their 3
 275 years old child.

276 I: One will share this information with other?

277 P: Something like nutrition, if given to the people on here, they will deliver to another
 278 person as well.

279 I: What do you think will happen if we run game and nutrition related programme in
 280 combined form?

281 P: Kid's mind will be free. They mind will be developed.

282 I: And what about nutrition?

283 P: This keeps the body healthy and develops it. It is beneficial for the kids. Kids play with
 284 their parents in home. If government looks after these kids, they won't be afraid anymore.
 285 Many of these children are still scared. Kids play in a group now and start playing in 3
 286 years which is beneficial. It helps to speak as well.

287 I: What does nutrition do for development?

288 P: It develops the body and keeps him healthy.

289 I: What would people in this village think about this programme?

290 P: Good

291 I: What sort of good?

292 P: They would think it is going to be beneficial for the kids.

293 I: What would they think about this programme?

294 P: Good. Since this programme is here to look after the kids, we don't need to give more
 295 time to the kids. They think like that.

296 I: How would they send their kids below 3 years of age?

297 P: Their parents would go along with them. Some would do their work and just send their
 298 kids only.

299 I: What must be done in order to make these kids learn?

300 P: they must be present in a group.

301 I: Is there any other way to teach kids like yours?

302 P: we should not scold them often. We should make them learn with love. We should give
 303 them chocolates. We should not be harsh with them and force them.

304 I: How should this programme be launched in this village? You said that outside people
 305 should run, and it should be run in a group, right? What else?

306 P: It would be safe if it is done in this municipality. It should be done in a group. Everyone's
 307 guardian should be present there. They should teach how to control child's fight and all.

308 I: Guardian should go too in the village?

309 P: They should go at least to the village side. They should take the kids along with them.

310 They should also teach those kids in home. I don't think that is possible though.

311 I: What should they do?

312 P: They should keep it in every street.

313 I: Like a group?

314 P: Yes, it takes time though. If we build one school, everyone will come there.

315 I: Is it better to go in every street as well or in school? What is good for the kids? What will

316 be easy to teach them as well?

317 P: I do not know. I think going in every street will be helpful. If it is in group, then it will be

318 much more beneficial.

319 I: How should we do it in every street and which street as well?

320 P: They should take that in every ward. They should enroll 20-25 kids in 5-6 wards.

321 I: In every ward?

322 P: We can also take kids from another ward if some ward has less children.

323 I: In every ward?

324 P: Yes

325 I: Why In ward only, we should do that?

326 P: There are less kids in every ward. They could study well. Kid's mother won't face any

327 problem. Mothers could do their own work as well keeping their kids in the ward. Kids

328 would play and learn at the same time as well. Small kids don't play that well in school.

329 I: Who needs to teach these things to the kids?

330 P: A Female is required.

331 I: What female?

332 P: How would I know?

333 I: Like?

334 P: If anyone who is educated.

335 I: Educated?

336 P: Yes. She should be outside people. She should love the kids. She should not beat and

337 scold these kids. Kids give troubles too. They scream a lot, so someone should handle

338 them.

339 I: What are these things?

340 P: Like she should be all-rounder. She should have patience as well. She should be married
341 and should have kids and should be married as well.

342 I: Why do we need that female only then?

343 P: This is it. Some are unmarried and loves the kids too. Some are short tempered while
344 handling these kids. A mother is well suited as she knows how to take care of her child
345 and others as well.

346 I: Some of these kids will be above 3 years and some would be below 3 years as well. How
347 important is it for these kids to go in programme like this? How practical is it to leave
348 these kids there?

349 P: I don't know.

350 I: So, we are talking about kids below 3 years old, right?

351 P: Yes, but there are kids who are 1.5 months as well. Their mom should also go there.

352 I: Their mothers?

353 P: Yes. Can we bring these mothers as well?

354 I: Some of them might be below 3 years and 2 years as well and some even might be 6
355 months old, too? How should we teach them then?

356 P: Their mother's need to understand all of these. Some of these kids might be 2 or 3
357 months old too. It is necessary for their mothers to know about this.

358 I: What should we do to their mother?

359 P: We should teach them how to take care of their baby. Kids below 2 months old could not
360 speak properly. They are with their mothers all the time.

361 I: What should we do to the mothers then?

362 P: We should teach them

363 I: How?

364 P: I don't know.

365 I: How should we teach them? What would she do to the kids after we teach them?

366 P: We should teach her how to play with their kids with toys. Kids will be happy after
367 playing those games. It would help for their mental growth. Mothers should feed the kids
368 2 times when they are hungry.

369 I: How should we launch this combined programme of games and nutrition, which is going
 370 to create an impact for the kids who are below 3 years old?

371 P: We should teach the mothers about all of these things who has kids below 3 years old or
 372 6 months old too. We should teach them in every street.

373 I: How should we teach their father and mother then? Should we teach them in every street,
 374 or should we teach them in a group?

375 P: Group is also good. They will come definitely.

376 I: Will these parents come in this programme?

377 P: Mothers will come. Fathers are not in this village.

378 I: Why did you choose mothers?

379 P: Mothers only look after the child the most. Mothers understand things more than fathers.
 380 Male goes to foreign for work. Kids are close to their mother than father.

381 I: You said that we need to teach the parents who has kids below 1.5 years old, right? What
 382 should we do those parents who has kids between 1.5 years to 3 years old?

383 P: Every street I said.

384 I: We should do it in 2 places then?

385 P: There are fewer kids in every street. They should go in every street. Kids cannot go to the
 386 programme by themselves, but their parents need to take them with them.

387 I: Should we teach the parents in their home, or we need to call them in group?

388 P: I think group meetings are good as it takes less time, and everyone gets to know at the
 389 same time.

390 I: Beside parents, who needs to go in programme like that?

391 P: Kids.

392 I: Who else then kid's parents are required to attend that teaching programme?

393 P: Grandparents.

394 I: Why?

395 P: Kids spend their time with them as well. Kids spend most of the time with their
 396 grandmother.

397 I: How should we teach the parents, their family members? Should we just teach them, or
 398 should we conduct a dram for better understanding? What do you think about it?

399 P: They understand things from photos and meetings too.

400 I: Which do you think is the best?

401 P: I think pictures is a good idea. They learn faster. Some people don't understand from
402 listening, they understand from visuals as well.

403 I: How does picture help the understand?

404 P: They understand things in one shot.

405 I: How do I explain?

406 P: They understand from the recordings in the phones as well. Everyone has phone here.
407 They would understand easily from the phones.

408 I: What recording we need to show them?

409 P: ...

410 I: What should we do? How should we talk?

411 P: we should record our own voice and keep in it. We need to show pictures as well in
412 parallel with the recorded voice. We need to speak, and also show them cartoons as many
413 of us are not educated.

414 I: How practical is that mobile phone? Is it good if we show them pictures or mobile phones
415 only?

416 P: Pictures will be good. Not everyone in here has mobile but everyone understands pictures
417 very well.

418 I: Have you seen anywhere before where training is being conducted using picture?

419 P: Yes.

420 I: When should we do it then and what time as well? When should we do it so that parents,
421 grandparents would be present as well?

422 P: Between 10 and 11.

423 I: why?

424 P: They are usually free at this time as they have been done from all of cooking.

425 I: Who should come to teach them? Who should come here to teach parents and
426 grandparents who has child below 3 years of age?

427 P: Educated person.

428 I: Who is this person?

429 P: An educated person teaches well. These people can conduct meetings like the
430 governmental bodies.

431 I: So, you said that you need one educated person, right? Who do you think is most suitable
 432 to teach the parents who have kids below 1.5 years old?

433 P: I don't know.

434 I: It's okay.

435 P: Government should look after that.

436 I: Who do you think is most suited according to you?

437 P: They should select one person from a group of ten people.

438 I: I am here to ask you that only.

439 P: Yes

440 I: From whom you find it easy to be taught by?

441 P: You should ask from a group of 10 people and maybe they will tell the answer. My
 442 opinion only will not matter.

443 I: Who should be the person? You said someone well educated, right?

444 P: I don't know anyone in this ward. I don't go out often. Its been a long since I graduated
 445 high school. I have forgotten many things. There is one guy in the next street. He has a
 446 child too.

447 I: Why do you need educated person for this teaching job?

448 P: They know everything. Ignorant people don't get many things. Some people might think
 449 why they need to get more time to their kids and all. The person must have strong
 450 willpower and patience. One person needs to go in every street for the task.

451 I: Every street needs one guy?

452 P: There should be one manager for 20-25 people.

453 I: Who should be this manager then?

454 P: My beliefs does not count here. Everyone might say that they could be that manager, but
 455 it does not work like that. One person should be selected from this group of people. It
 456 would be better if one governmental representative comes.

457 I: Who do you think will be best for this job for the parents to make them learn? You say
 458 that they should run school and also, they should come in a group. Who could help in
 459 this? Who should help in this?

460 P: Mother and father should help in that. Grandmother also might help. Kids don't stay with
 461 their father. They are with their mothers.

462 I: Who should come in order to teach mom and dad?

463 P: outside people should come and teach them.

464 I: Who do you think should come from outside?

465 P: There won't be much fight if outside people comes here. People in this village might

466 decide who should be this person, but they will fight a lot. You should ask people in this

467 village about this person. They will create an issue over nothing and start to fight. If

468 outside people come in here who has knowledge of how to run an NGO, will be most

469 suited for this job.

470 I: They won't obey this person, right?

471 P: Yes. Everyone wants to be that person. There was once this programme which was

472 launched to develop bangles. People in here started a fight about choosing this one lead

473 person. Everyone started to fight to be that person. There was another programme

474 launched to educate kids as well. They fought for that too. There won't be much of a

475 tension if one governmental person comes here. There would just start a fight to be that

476 lead person and won't help much.

477 I: Who should be then?

478 P: They obey that person who came from outside. They won't argue as well. Everyone will

479 be satisfied and obey too if outside person comes here.

480 I: Who do you think should be this person then?

481 P: I think any female should run this. One person amongst the educated people must be

482 selected.

483 I: Who do you think will be good, outside people or any person form this village?

484 P: Outside people will make them learn many things. No one will work honestly if village

485 people is selected. If governmental schools were good, then why would there be any

486 boarding schools? Those who have money study in boarding school and those who don't

487 have money study in governmental school. Teachers receive their salary in governmental

488 school without teaching too. They don't do their work honestly.

489 I: Who do you think should be this person if suppose in future, programme like this is going

490 to be launched in this village?

491 P: It would be better if female person is selected from this village.

492 I: Which female?

493 P: It would be nice form the top management level as well.

494 I: Who should be this female?

495 P: We should ask that in group.

496 I: Outside or someone from this village?

497 P: I think outside would be better.

498 I: why?

499 P: From everyone's point.

500 I: According to you who do you think would be most suitable for this job who would teach

501 father, mother, sister and all?

502 P: Outside people.

503 I: Why?

504 P: From village too.

505 I: If you would have to choose one person, who would it be?

506 P: Outside person. It would be better if outside person is selected. There won't be any

507 confusion after that. No one would argue after that. They would complete their work on

508 time.

509 I: They would give timeline?

510 P: No one in this village would have any questions after that. Everyone would think it is a

511 good idea if outside people comes here to run this programme.

512 I: They would trust too, right?

513 P: They will get to know this person. Everyone would teach that person as it is the first time

514 since he is here. That is why it is better to have an outside people in this programme.

515 I: who should that person seek help from? Who should he/she take help from in order to run

516 this programme?

517 P: From village people like brother, sister, parents and villagers.

518 I: And?

519 P: Father and grandfather too.

520 I: Who should they take help from beside these people?

521 P: From the head person of this village and also from the secretary as well.

522 I: How would secretary help him?

523 P: They should ask him about the queries.

524 I: How would these people help this outside people?

525 P: They would do any work like any women related work. They agree with any women type
 526 of work in here. They obey anything told to them. They wont leak any confidential work
 527 to outside people. They will work anything as said to them.

528 I: How could a secretary help this person?

529 P: I don't know that.

530 I: Who should this person seek help from?

531 P: Good people from this village.

532 I: Who are they?

533 P: From women.

534 I: Can you elaborate? Who should we take help from in order to make it feasible for the
 535 future?

536 P: We should seek good people from this village who would work together in a group.

537 I: Who are these good people?

538 P: Maybe teachers.

539 I: How can a teacher help?

540 P: I don't know his name, but a teacher could give valuable suggestions to this new person.
 541 Everybody respects and obeys teachers. Even old people obey them. Grandparents and
 542 old people might help in choosing this good person.

543 I: So, teachers would help the grandparents to choose the right person?

544 P: Yes

545 I: You talked about 3 people. They are secretary, head, and teacher. Who else are there to
 546 take help from?

547 P: I don't know.

548 I: Why would they come in this programme?

549 P: It benefits the kids. It makes them healthy and helps in growth and development as well.
 550 It looks after the future of the kid.

551 I: Have you seen any work done by the group itself?

552 P: No.

553 I: Can you give me any example of any group which has conducted any programme?

554 P: I have not gone to any group.

555 I: How did you say about any group then?

556 P: I have seen loans and other financial things in a group which has time and table. Group
557 has its own rules and regulation which people has to obey. I have not been in any group
558 so far. People have to pay interest in loan offices.

559 I: So, they have to pay fees I those loan offices, right?

560 P: So, you want to know why do parents need to go to the group? You said that mom and
561 dad need to join that group programme, right?

562 I: So, they need to go to those group programmes, right? Now we are at the end of this
563 interview. Why do think people want to go to that school or in that group for those kids?

564 P: They want to see how their child's development is taking place. They want to learn how
565 to take care of their child and later apply on it.

566 I: What else? What things in that programmes makes you easy to go there?

567 P:

568 I: do you think they will accept this?

569 P: Yes. They will as it benefits the children. They do think about their child at first.

570 I: How would it be easy for them to go in programme like this?

571 P: We want to see our kids play as well. I want my child to learn things and achieve
572 something in his life as well.

573 I: And what if the programme is far away from here?

574 P: I won't go then.

575 I: Why would they want to go in programmes like this then?

576 P: For the sake of their child.

577 I: Why do you want to attend in that programme?

578 P: They will teach games and rules there.

579 I: Why do they teach them then?

580 P: They will teach good things to the kids.

581 I: Why do you think they will share those knowledges to their kids?

582 P: For the child's benefit.

583 I: Who goes in programmes like this then?

584 P: Those who are interested in games, should go in this.

585 I: Why would they imply those things in their life which they have learnt from this
586 programme?

587 P: They have been taught good things, that is why.

588 I: How do they share these information's to their kids?

589 P: Kids need to know all of these from early age. It would be very much beneficial for these
590 kids.

591 I: So what difficulties might we face while going in schools or even in any group for this
592 programme?

593 P: What problems?

594 I: What problems we might face while conduction this programme?

595 P: Some kids could not do that. Some guardians might not reach at the same time. Some
596 might even fight.

597 I: Kids might fight?

598 P: Yes

599 I: Why won't the guardian reach on time?

600 P: First guardian should reach, then only kids will reach there. Some have their work going
601 on.

602 I: What else could be the reasons?

603 P: I don't know.

604 I: It is okay. Do you think males also should go there? Do you think fathers should go there
605 as well?

606 P: I think kid's mother should go there. Fathers don't go there usually.

607 I: Why don't the fathers go?

608 P: They don't live in the village. They go abroad for work. Even if they were here, they
609 would not go.

610 I: Why is that?

611 P: They say that they won't go in programmes like this. They think that if a mother
612 understands everything from that programme, then she would teach everyone in the
613 family.

614 I: Why do females want to go in that programme?

615 P: women take cares of the child and looks after the child. She looks after the child until 3
 616 years old. Men only plays with the child when he grows up.

617 I: What are the chances that newly married women in this village would go in programme
 618 like this?

619 P: It would be helpful if every street has facilities like this. We should form groups rather
 620 than school.

621 I: How important do you think is to take help from the health volunteers?

622 P: It is important. They call in time to time to everyone and takes good care of kids.

623 I: How important do you think they are? What else do they do beside call you in time?

624 P: They also go near to the kids.

625 I: How important do you think health post is?

626 P: Ye, it is important too.

627 I: Is it okay if health post is not there?

628 P: I don't know.

629 I: Who gives those vitamin pills to the kids? From where do you get it?

630 P: Health volunteers.

631 I: How important do you think it is if we launch this programme of games and nutrition, we
 632 need to take help from these health volunteers?

633 P: It is good if we take help from health post. They tell everything to the parents about the
 634 child. It is good if we take vitamins for them. They remind us timely about that.

635 I: How important do you think it is to take help from them?

636 P: I don't know that.

637 I: How could they help us?

638 P: ...

639 I: How many of Muslims cast people come in programme like this if it is conducted in
 640 every steer in a group? Hindu caste people also need to join this, right? How do we do it?

641 P: We need to do this in ward. Everyone will go there.

642 I: How many of the newly married women go there then?

643 P: they can go or also they can stay at the house. It is up to them only. Newly married take
 644 their kids to get vaccinated.

645 I: That group is for everyone and not just for single person, right?

646 P: Yes, they need to go. They could go outside too to get those shots. They won't get
 647 anything from the meeting. Everyone would come in the ward. Even the Muslims and
 648 the Hindus too.

649 I: In ward?

650 P: There are nearly 4-5 homes in a ward. They will come.

651 I: What happens if we do it in ward?

652 P: Every caste related people might join in this programme.

653 I: What should we do in order to make this programme long lasting and sustainable?

654 P: If schools were made, then it would have been long lasting. Groups can be formed and
 655 collapsed too. But school will remain there always. School will never stop. One place
 656 like this is needed.

657 I: What place?

658 P: Any good place. Groups cannot run always. government should do it.

659 I: Does school run always?

660 P: Yes. If we have some sort of house only, then also it would be helpful.

661 I: how many kids goes to school?

662 P: This is also the thing. Not all of them goes to the school. Guardian take the kids along
 663 with them. They could not give time at school. So I think group is important.

664 I: Which do you prefer?

665 P: According to me, group is the best. I don't think anyone would go to the school which if
 666 far away.

667 I: The same governmental school or anything private just for this programme?

668 P: Different one. No one would go to the governmental school. Going along with mother is
 669 never sufficient. They should be in group.

670 I: What should be done in order to run this programme smoothly?

671 P: Everyone should be present in this programme including the guardians. They should be
 672 regular and come on time. We need to teach the kids regularly. There should be enough
 673 space for sitting.

674 I: If suppose programme like this is launched, what could you do in it? What would be your
 675 roles?

676 P: ...

677 I: What would be your roles?

678 P: This programme never should be stopped. We should monitor it timely. We must not let
679 the child fight with each other.

680 I: How can you help from your side?

681 P: I don't know what to say.

682 I: What else could be your roles then?

683 P: I would do any work as commanded.

684 I: You gave your precious time for us. Thank you so much for that. What would you do if
685 programme like this is launched soon?

686 P: I will teach my kids what I learnt from the programme.

687 I: Like you said earlier that, playing games makes the child more talented, right?

688 P: His body also gets the exercise, and his mind also refreshes.

689 I: The kid will be happy then?

690 P: Yes

691 I: So, according to you how important it is to keep a child in a clean environment beside
692 this food and nutrition programme? does cleanliness play any roles? Do you think this
693 programme is going to be fruitful for the kids if we combine both games and nutritional
694 programme together? Yes, Guardians also should be enrolled in this programme. like I
695 said, it should be run by people who came from outside. It needs a different school for
696 those kids which are below 1.5 years old. Likewise, 6 months old children need separate
697 school for that. They should be shown pictures and cartoons form the phones. You said
698 that mainly three people: secretary, head of village and teachers are the most important
699 aspects which could help. You also focused on groups rather than school. According to
700 you, parents, grandparents, and heath volunteers are most influencing persons whom we
701 should look out for help. You can also take responsibility if needed, right? Do you have
702 anything else?

703 P: No.

704 I: Thank you so much for your time.

End of the Interview
