

Code: Father, SSI 6

Index:

I: Interviewer

P: Participant

Interview duration: 1:03:40

Language in which the interview was conducted: Maithili

Location: Participant's house

Date of the interview: 3 March 2021

Interview started:

I: How will playing benefit the health of a child?

P: While running ... playing with muds/sands? ...

I: When the child runs ... plays with mud ...

Informal conversation

I: The children play with mud ... they play with ball ... what happens by playing with these things?

P: They will be active ... their time is passed ...

I: More?

P: They will be busy on their own ...

I: What do children learn from these things?

P: Children ...

I: What do children learn from these games ... like what do their mother teach them?

P: Mother plays ...

I: What happens by doing that?

P: They are active ... they run ... they fall here ... they fall there ...

I: What happens by that?

P: They are active ...

I: More ...

P: What could be ...

I: What could be more?

- 32 P: Their body will be active ... what else will happen ... they pass their time ... they don't
33 cry ... they are busy with their toys ... they go to their mother ... their father ... their
34 grandmother ...
- 35 I: When grandmother plays with them ...
- 36 P: Yes, they play with grandmother ...
- 37 I: What will happen to the child by playing with the grandmother?
- 38 P: It will be good ...
- 39 I: What good?
- 40 P: I do not know ...
- 41 I: What good will happen to the child?
- 42 P: (Not clear voice)
- 43 I: What will they learn?
- 44 P: What will they learn
- 45 I: Like s/he is playing like this ... she is tearing this ... what will happen by that?
- 46 P: There will be hand movement ... finger movement ... s/he will have strength in body ...
- 47 I: More?
- 48 P: She knew how to tear things ...
- 49 I: More?
- 50 P: Their mind will be open/broad ...
- 51 I: More?
- 52 P: S/he tasted it ...
- 53 I: More ...
- 54 P: They go there ... here ... cry ...
- 55 I: More ... with who do they try to talk?
- 56 P: They say ... "baba" (grandfather) ... "dada" (grandfather) ...
- 57 I: More?
- 58 P: Mother calls "Bauwa" (baby) ...
- 59 I: They try to speak?
- 60 P: Yes ... speak ...
- 61 I: The game ... by doing this ...

- 62 P: It will bring energy in body ... body will have power ... there will be hand movement ...
 63 leg movement Sometimes they cry ...
- 64 I: How will the child learn these things?
- 65 P: We say “do this” ... “do that” ... in that way
- 66 I: So, children understand what you say?
- 67 P: Yes, they do ...
- 68 I: How?
- 69 P: From their mind ...
- 70 I: What do you do to make them understand?
- 71 P: We teach them ... “do this ... do that”
- 72 I: They understand ...
- 73 P: Also beats me ... because s/he don’t have knowledge now ...
- 74 I: For a child under three years of age ... why is the game important for such a child?
- 75 P: Playing game is important for children...
- 76 I: Why?
- 77 P: Because ... they don’t have thinking capacity now ... like what to do ... what not to do ...
 78 they don’t have to go anywhere ... they keep playing in muds ... you see I gave her
 79 chocolate and she is tearing the wrapper ... it’s because she has knowledge how to tear that
 80 ...
- 81 I: What good thing happens to the child due to the game? One as you said it gives
 82 energy/activeness to the body ... more?
- 83 P: They don’t fall ... they don’t cry ... they don’t trouble their mother ... their father ...
- 84 I: What besides them?
- 85 [Talking with child]
- 86 I: Children when plays ... when you play with your child ... like you people also play with
 87 your child ... so playing like that {Interrupted}
- 88 P: It will give energy to the body ... they will gain power ... they will understand sign
 89 language ... they also try to speak/intimate things ... they also show gestures...
- 90 I: Also show gestures?
- 91 P: Yes ... and one who can speak (have reached the age of speaking) ... they speak as well
 92 ...

93 I: Please speak out loud ...

94 P: Ok ...

95 I: Is it recording?

96 P: Yes ...

97 I: How important is playing games for the child? For a child under three years of age ...

98 P: For a child under three years of age ... we have to love them ... we have to shout at them

99 as well ... sometimes we have to beat and scold them as well ... that is the thing... we

100 have to give them toys ... we have to teach them ...

101 I: What do you have to teach?

102 P: Like ... “baby bring that ... play with that toy” ... “don’t trouble your parents” ...

103 I: To teach them ... what do you do? How do you teach them?

104 P: When she starts to cry ... I say “baby take this chocolate ... take that ... take those toys”

105 ... they get cajoled(busy) by saying so ... even I play with my child whenever I am free ...

106 I: They learn new things, right?

107 P: Yes ...

108 I: What new things do they learn?

109 P: Kids learn from each other ... sometimes she also beats others ... sometimes others make

110 her cry ...

111 I: As you said ... Kids learn from each other ...

112 P: Yes ... if her sister comes, she is like “Didi (elder sister) bring this ...bring that” ... she

113 cries ... then both start to play.

114 I: The children who are taught how to play and the children who are not taken care of or those

115 who are not taken care of ... what differences have you found between these two children?

116 P: Those children who do not play are not active, they do not speak nor talk ... they do not

117 move their hands and legs ... they live lonely ... they catch nothing in their mind ... that

118 is the difference ... and those children who play are more active they know everything ...

119 they run ... they play ... they call their sisters and ask for chocolates.

120 I: How important do you find it is to teach a child under three years of age ... to teach them

121 how to play ... how important is that?

122 P: It is for the body growth ... so the children must play ... so that they don’t trouble their

123 father and mother ...

- 124 I: How important it is for the child?
- 125 P: Children should be given knowledge ... "That toy will help you ... that toy is good ..."
- 126 even children are busy in own ...
- 127 I: How important it is for a guardian to play with the child?
- 128 P: Important ... some finds it important ... and some not ... they are busy in their own work
- 129 ... some leaves their child crying ... some carries the child in their lap ... so that they don't
- 130 cry ... they also play with them ... irrespective of works ... they carry the child ...
- 131 I: How important it is to teach a child under three years of age ... how important do you feel
- 132 that?
- 133 P: We have to feel it important ... children should be kept busy ... we shouldn't make them
- 134 cry ...
- 135 I: What about teaching ... how important it is to teach a child (below 3 years) through these
- 136 games?
- 137 P: Children who play ... and children who don't play ... they keep crying ... they do not
- 138 receive any power ... they do not play ... they do not move their hands and legs ... if we
- 139 don't play with the child they keep sleeping ... They will be mentally retarded ... their
- 140 brain won't work ... they might become physically disabled.
- 141 I: In your village what are the kinds of the game available to teach children? What kind of
- 142 facilities are available in your village?
- 143 P: Out of 100 just 10% ... In most of the house, father are out for (overseas employment) ...
- 144 it is just the mother who plays with the child ... there is no more guardian ... it is just father
- 145 and mother ... how much will they play with the child ... just within the house They
- 146 won't play outside ... kids will need toys ... they should have energy in their bodies...
- 147 I: What kind of facilities are there in the village
- 148 P: There are no facilities for child ...
- 149 I: No any facilities?
- 150 P: None in the village ... it is found in urban areas ...
- 151 I: In urban areas?
- 152 P: In cities ... town ...
- 153 I: What kind of facility will be there in the urban area?

- 154 P: Kids might be taught there through toys ... if guardian won't let their child go then their
155 child will be mentally distressed...
- 156 I: So those facilities are in cities ... town
- 157 P: Yes ... not in the village ...
- 158 I: What should be there so that your child could learn?
- 159 P: For the child, they should learn ... if they will learn their mind will open ... they will gain
160 knowledge ...
- 161 I: For a child under three years of age ... what kind of facility should be in your village
162 What do you think about that?
- 163 P: Government should give facility for children. They should distribute toys in the village ...
164 they should make a playground for a child to play. Government will have to make that.
165 We, poor people, cannot do that. We cannot even teach children. Sir should come to teach
166 them ...we cannot teach them ...
- 167 I: But to teach are parents available?...
- 168 P: Yes, parents are available ... if the parents don't give the time then how will the child
169 learn?
- 170 I: Why will they not give time?
- 171 P: Parents might have another work to do. They have to look after their work as well ... we
172 cannot just sit carrying child ... if we won't earn what will our child eat ... that is why
173 parents may not give time ... we will have to buy toys for our children ... other things are
174 necessary for the house ... we also need money for them ...
- 175 I: Should child learn alone or guardian should be present ...
- 176 P: Guardian should be present ... because if they will be alone, they will eat whatever they
177 see like any insects or anything ... so if a guardian is not available it won't work ...
- 178 I: So, the guardian should teach them ...
- 179 P: Yes ...
- 180 I: What should government do? What should be available?
- 181 P: Government will give toys, nutrition, food ... Sir will come to teach them ...
182 (Phone rings)
- 183 I: Government should give?
- 184 P: Who else will give to the poor ...

- 185 I: As you talked about nutrition ... you know what nutrition is?
- 186 P: Yes ... food ...
- 187 I: For a child under three years of age ... what kind of programs are there in your village?
- 188 P: Not any program ... government has not given any program for children ... it's just the
- 189 poor parents ... they buy milk ... they make bread ... that's it ... that is what is being done
- 190 for children. I feed my child milk but others don't ... that is the thing ...
- 191 I: In your village what kind of program ...
- 192 P: No any program ... there is no program for children ...
- 193 I: Nothing ...
- 194 P: Nothing ... no games ...
- 195 I: What kind of facilities are available from health posts? (12:46 mins)
- 196 P: There is no facility from health post ... they provide facilities are only for women
- 197 I: Only for women ...
- 198 P: ... there are no facilities for children ...
- 199 I: Not for children ...
- 200 P: Even among women ... facilities are provided only for pregnant women ...
- 201 I: What about children's height and weight measurement ...
- 202 P: Nothing happens ... nothing for children ...
- 203 I: Vitamin A program yearly? ...
- 204 P: Yes ... vitamin A program is available. Children are given vitamins monthly, yearly ...
- 205 I: Who gives that?
- 206 P: It is a tablet ... red and black color ... it is given to children ... they also give vaccination
- 207 ... we have to go to health post ...
- 208 I: You have to go to health post ... to take vaccination ...
- 209 P: To take vaccinations ... we go if they come to inform us ... if they don't come to say us
- 210 they come home and give ...
- 211 I: So, there are no any other programs ... just immunisation?
- 212 P: Yes, immunisation and polio ...
- 213 I: Polio ...
- 214 P: Also, vitamin A ...
- 215 I: Who comes to give that?

- 216 P: A woman comes or they call us at a health post. So we go to health post ... they give
217 vaccination to the child and give them vitamin A ... to a child under five years of age ...
- 218 I: What has the government or the bigger organization has thought that vitamin A program
219 is available ... there is a nutrition program ...
- 220 P: There is a problem with nutrition ...
- 221 I: But nutrition program is available ...
- 222 P: There is no nutrition program ...
- 223 I: The vitamin A program
- 224 P: Yes ...
- 225 I: That is also energy-giving...
- 226 P: They don't give food ...
- 227 I: But they give vitamin ... immunisation ...
- 228 P: Yes ... immunisation
- 229 I: In addition to that games should also be taught to the children ... they suggest that this
230 program should be added to the nutrition program. What do you think about that?
- 231 P: No one gives suggestions about games/play ...
- 232 I: No ... they don't give ... but now the government has thought to bring such kind of
233 program ... what do you think about this?
- 234 P: I think it is good ... children will be busy in themselves ... their brain will open ... their
235 hands and legs will move ...
- 236 I: More? (14:00 mins)
- 237 P: They should be carried to that place and then they should be brought back to home...
- 238 I: Where?
- 239 P: Must be taken to the health post ...
- 240 I: Health post ...
- 241 P: Children should be taken to where there will be playing ground for children ... if there will
242 be playground, we will have to carry child there and bring them back ... we have to visit
243 that place from time to time ...they should be fed timely so ... if the government will give
244 such facility, then only it will work ...
- 245 I: Government has to give the facility?
- 246 P: Yes

- 247 I: In addition to that polio program if the game program will be added ... what will happen
248 for the child?
- 249 P: Children's mind will broaden ... they will pass their time (spend their time playing) ... they
250 will move their hands and legs ... they won't trouble their parents ...
- 251 I: One as you said they will pass their time ... what will happen especially for a child ... how
252 will be the child?
- 253 P: If children will be given toys their minds will broaden ... they will play with them ... they
254 will play with dolls ... children's minds will open ...
- 255 I: What will the community people of your village think about this program?
- 256 P: They will think good ... government will think good for child ... villagers will also think
257 good about child ... guardian will also think good about child ...
- 258 I: Why will they think good?
- 259 P: They will think that their mind will grow ... their brain will open ...
- 260 I: Whose?
- 261 P: Children ... child under three years of age ... child under two years of age ...
- 262 I: Everyone will think good?
- 263 P: Yes ...
- 264 I: Why will everyone think good?
- 265 P: Because children's minds will open ... they will gain knowledge ... for a child under three
266 years of age ...
- 267 I: How should this program be carried ... as the suggestion is given ...
- 268 P: The Nepal government ... the guardian should also be involved ... children will also go ...
269 government will give toys to the children ... children time will be passed ... children will
270 be present ... we will also be present ... (16:40 min)
- 271 I: Who should go? Where should they go?
- 272 P: For that a playground should be constructed and everyone has to go there ... they will have
273 to set time and invite people to come in that village/health post ... then everyone will go
274 there ...
- 275 I: In which way should it be taught that it will be good to understand for everyone in the
276 village?

- 277 P: Toys ... toys should be brought ... for a child under three years of age ... for a child under
 278 two years of age ... toys ... those things ... (17:15 mins)
- 279 I: Toys should be given?
- 280 P: They should give toys, chocolates, biscuits, need to feed noodles ... then the only child
 281 will keep going there ... three years of child ... two years of child ... they will only do
 282 what is in their mind ...
- 283 I: What do you think ... what should the government do to make this program a good one?
- 284 P: For children ... government should think ... guardian should also think ...
- 285 I: What should the guardian think?
- 286 P: They should think that how will the child's mind can be broaden ... open ... how will they
 287 gain knowledge ... how will they have energy in them ... how much knowledge will child
 288 under three years have ...
- 289 I: For a child under three years of age, in what way should the program be conducted so that
 290 the child will be able to learn?
- 291 P: All the materials should be provided to them to play ... toys should be given ...
- 292 I: How often should the guardian play with the child?
- 293 P: Guardian will have to give time as well. They will have to give toys ... different toys ...
 294 like ball, football ... those things should be given ... so that children could pass their time
 295 ...
- 296 I: Time should also be given ...
- 297 P: Guardian should give time ...
- 298 I: For this Will it be appropriate if people will be visited the house to house and informed
 299 about it ... or a group should be formed to inform about this ...
- 300 P: Group should be formed ...
- 301 I: In what way should it be given?
- 302 P: Sir will give the knowledge ...
- 303 I: Individually or ...
- 304 P: In a group ... sir will not have that much time to visit every house ... that is why the group
 305 should be formed and, in that group, everyone should participate ...
- 306 I: So, a group should be formed?
- 307 P: Yes ...

- 308 I: What kind of group should be formed?
- 309 P: Children group ...
- 310 I: Who should go in that group?
- 311 P: Guardian should take their child and go there ... Children should go ... and Nepal
312 government will give toys, chocolates ... then that will happen ...
- 313 I: Child under three years of age ... also includes children less than six months of age ...
314 children less than eight months of age ... so what should be done for such child?
- 315 P: Those children cannot even walk ...
- 316 I: How should they be taught then?
- 317 P: If they will speak then only they will learn ... if they don't speak ... if they don't move
318 their hands and legs ..., how will they learn ... they need to be taught.
- 319 I: From when should they be taught ...
- 320 P: From when ...
- 321 I: For a child under three years of age ... for those newborn children... from when should
322 they be taught ... will they participate in such groups?
- 323 P: No ...
- 324 I: So, what should be done for them? From when they will participate in the group?
- 325 P: They will participate ... once they begin to walking ... when they will have such
326 knowledge then only they can participate ... if they don't have mind ... if they don't speak
327 ... how will they go?
- 328 I: So, they won't go?
- 329 P: No ...
- 330 I: So, what should be done for those children ... who are small and cannot participate in
331 group ... how should they be taught?
- 332 P: Their parents will teach them ... home visits should be done to teach them ...
- 333 I: Who should visit home?
- 334 P: The people from Nepal government ... people from health post ... or Nepal government
335 should send their person to the village ...
- 336 I: Which way would be best ... through health post ... or through the government of Nepal
337 ...
- 338 P: Government of Nepal ... they will work according to their mind ...

- 339 I: Will it be appropriate if health posts would work ... or the government of Nepal should
340 also make a separate group to teach
- 341 P: they should make a separate group ... Nepal government has to make a separate group ...
342 for children ... children's group
- 343 I: Why should it be formed separately?
- 344 P: They will watch everyone ... it's not only for kids ... it is for kids, elder ... everyone ...
345 if one children group should be formed ... it can be formed by the government of Nepal ...
346 (21:00 mins)
- 347 I: In what ways should the thing be done so that it will be good for a child under three years
348 of age? Should they be taught in a group ... or they should be taught at house ...
- 349 P: Nepal government will not visit house to house ... a group should be formed ... children
350 group should be formed in every village ...
- 351 I: In what ways should it be done?
- 352 P: Group should be formed ...
- 353 I: What kind of group?
- 354 P: Children group of a child under three years of age .. under two years of age ... 8 months
355 ... 10 months children ... 12 months ... 15 months children ...
- 356 I: What should be done for small kids, will they be able to join a group?
- 357 P: They cannot join the group.
- 358 I: What should be done for them?
- 359 P: For them, the home visit should be done ... to teach them ...
- 360 I: How possible is it for them to visit every house to teach?
- 361 P: It is not possible to do ...
- 362 I: What should be done then ... for those children ... it is not possible to visit every house ...
- 363 P: Not possible ...
- 364 I: What should be done then ... for those children?
- 365 P: Their group should also be formed ... separately ...
- 366 I: Separately ...?
- 367 P: A separate group should be formed for every group of children ... for 8 months of a child
368 a different group should be formed ... more time will be required for such children ... sir

369 have to give more knowledge here ... those children cannot understand anything by
 370 themselves ... they will not have mind ...

371 I: So separate groups should be formed?

372 P: Yes ...

373 I: Who should come to teach?

374 P: The people from the government of Nepal ...

375 I: Who are those people?

376 P: Those who will be appointed by the government of Nepal ... they must employ people and
 377 give them duties.. government should pay them ... (22:58 mins)

378 I: From the Government of Nepal ...

379 P: I will only give knowledge to my children ... I won't give knowledge to others children ...

380 I: As you said different groups of children should be taught separately ... the people from the
 381 government of Nepal should be appointed ...

382 P: Yes ...

383 I: Who could be that person for your village?

384 P: Those who will think good about children ... those who will give good knowledge
 385 ("*niman budhi*" in Maithili) to the child ...

386 I: Who should be that person to give you suggestions... who should come from the
 387 government of Nepal to give you suggestions or to run the program?

388 P: Madam should come ... or any other staff must come ...

389 I: From the government of Nepal ...

390 P: From the government of Nepal ...

391 I: Why did you choose madam?

392 P: Both madam and sir should come ... anyone can come ... The government of Nepal must
 393 appoint them to come here ... Sir should be paid money by the government ...

394 I: From which place should the sir come from? Why did you choose sir?

395 P: Why I did not choose people from the village? ... if people from the village will be chosen,
 396 they will look after their kids only ... but if there will be a Sir, they will look after all the
 397 children. If a person will be chosen from my village, then they will only look after their
 398 children ... they will not care for another child... if Sir from another place would come,
 399 then he will look after all the children ...

- 400 I: Sir from another place is appropriate ...
- 401 P: Yes from another place ... a person from village will not be good. Even in the school
- 402 teacher look after their kids but they do not look after other kids ... that is why students do
- 403 not progress ... but if a teacher from other places is appointed then they look after all other
- 404 kids ... but teacher from this village will only look after their kids ... it is the same thing
- 405 in either boarding or governmental school ... it's similar ... (24:35 mins)
- 406 I: That is why people from another place are required ...
- 407 P: From another place ...
- 408 I: The program related to playing and the program related to nutrition ... if both of these
- 409 programs will run together who could be the best staff for this?
- 410 P: Staff from another place ...
- 411 I: Who could be that?
- 412 P: They can be Madam or Sir who is connected with the government of Nepal they
- 413 will give food ... they will give nutrition ... children should be called ...
- 414 I: What should be done related to game ... in which way should it be taken to make people
- 415 understand ...
- 416 P: For a child under three years of age toys are compulsory ... they need mats and beds ... if
- 417 there will be greed then only children will go ... guardian should also be ready to carry the
- 418 child to that place and bring them back to home ... but food should be provided by the
- 419 government of Nepal for the children and not by us ... children will also gain energy in
- 420 their body ... their mind will open ... they will feel like "we have a lot of toys there" so
- 421 they will also want to go to there to play and spend their time ... children will only go when
- 422 they will have greed for things ... guardian should also be provided with something... sir
- 423 should also be provided with something. As they will be working hard for children so they
- 424 should be paid too ...
- 425 I: Government should give ...
- 426 P: For children ...
- 427 I: So, in this programme, how should Sir teach children so that everyone can learn ... is it
- 428 important just for children to learn or guardian should also learn?

- 429 P: If the government of Nepal will call a guardian too then the guardian will also go ... if they
 430 will call only kids then only kids will go ... but guardians should also be taught for children
 431 ...
- 432 I: But in your opinion who could be the best teacher?
- 433 P: Guardian cannot give that much time ... Sir is needed ... like children go for tuition and
 434 then return back to home ... in a similar manner ... but a child under two years ... three
 435 years cannot go ... so sir should teach them ... as guardian won't give them that much of
 436 time ... (26:58 mins)
- 437 I: Guardian won't give time?
- 438 P: No ...
- 439 I: No, you are talking about children who are above two years of age ... two and half years
 440 of age ... but small children ... they might urinate or pass stool ... who will look after them
 441 then? It has to be cleaned ...
- 442 P: Cleaned ... because they are kids ...
- 443 I: What should be done for them?
- 444 P: If mother and father will be present there they will clean ... otherwise the people from the
 445 government of Nepal who will be responsible they will do the cleaning ... they also need
 446 payment , food ... if their parents will be available then they will do ...
- 447 I: What should be there so that small kids will learn things and also the elder one ...
- 448 P: Government of Nepal ...
- 449 I: Government of Nepal will do ... but from your village ...
- 450 P: The government of Nepal has to hire people for that ... there should be people to care for
 451 kids ... clean their wastes ... clean their urine and stool. Clothes need to be cleaned (28:00
 452 mins)
- 453 I: How possible is it to do that?
- 454 P: There is no issue for the government of Nepal to do this ... but if they are not willing to do
 455 it then there are lots of issues ... If not then they will be playing in soil all the time. Village
 456 kids are like that anyway.
- 457 I: If they do then there are a lot of things... (28:02 mins)
- 458 I: From the birth ...
- 459 P: Those children don't learn ...

- 460 I: You said they learn previously ...
- 461 P: Yes ... when they reach 14 ... 16 months then their mind grows ...
- 462 I: So, from which age should the children be taught In school?
- 463 P: School does not admit children under five years of age ...
- 464 I: But as you said for those children separate group discussion should be done ...
- 465 P: Yes ... a separate group should be formed from the government of Nepal ...
- 466 I: So, in that group which age group of children can participate ... and what should be done
- 467 for children who cannot participate ...
- 468 P: Small children won't be able to participate ... they will stay with their father and mother
- 469 ... so they must be visited in their house ... but Nepal government cannot do that so they
- 470 will learn through their father and mother ...
- 471 I: Father and mother have to teach them?
- 472 P: Yes ... they have to give them knowledge regarding playing ... if they will be of 18 months
- 473 ... be of 8 months be of 10 months ... then father and mother have to teach them ...
- 474 when children will develop their knowledge (*gyaan*) and begin to speak then Nepal
- 475 government can teach them ...
- 476 I: They should take them to the program when they develop their knowledge (*gyaan*) ...
- 477 P: Yes ... if they don't have any kind of knowledge what will they do participating in such
- 478 programs ...
- 479 I: What kind of knowledge should parents give to their children?
- 480 P: Good knowledge ...
- 481 I: In which way ... so that they can understand ...
- 482 P: Children of 8 months ... won't understand anything ... so their parents have to do things
- 483 for them ...
- 484 I: What kind of knowledge should parents give ... so that the children can learn things?
- 485 P: Good knowledge ...
- 486 I: In which way ... so that they can learn ...
- 487 P: By sign language ...
- 488 I: Sign language?

- 489 P: Yes ... if when the children have not begun to speak then, they have to be taught through
 490 sign language ... (showing sign) we have to give them toys and make them do things...
 491 show them videos ... photos should be shown
- 492 I: To whom?
- 493 P: Children ...
- 494 I: Photos and videos should be shown to children ...
- 495 P: Yes ... they will spend their time by seeing those... and later they will have knowledge
 496 when they grow up
- 497 I: In which way should parents be given knowledge ... so that they could teach their children?
 498 In what way should they teach them?
- 499 P: Mother will play with child as others will play ...
- 500 I: What did you say?
- 501 P: A mother will look at other mother father like how do they play with their child and that
 502 mother will also follow the same way to play with their child, give them (children)
 503 knowledge ... (30:58 mins)
- 504 I: Initially you said that mother and father should be taught separately ... so how should they
 505 be taught ... in what ways should they be taught ... so that they will play with their kids
 506 ...
- 507 P: If the Government of Nepal will send a teacher to teach parents ... then the parents will
 508 have the knowledge and they will share that knowledge with their children
- 509 I: So, how should the Government of Nepal teach parents ... either by showing them videos
 510 ... or ... photos
- 511 P: By showing videos ... otherwise they will not feel connected (31:55 mins) ... they should
 512 also play with their children ... they should be taught about different toys ... their
 513 knowledge will broaden then ... the toys which are needed for children should be provided
 514 by the guardian to their kids ...
- 515 I: Among them ... who should learn ... whose learning is important ...
- 516 P: Children ... their mind will open ... hands and legs ...
- 517 I: Children ... who should learn to teach children?
- 518 P: Guardian ...
- 519 I: Who are guardians ...

- 520 P: Mummy ... daddy ... grandparents ... uncle ... brotherssisters ... they should also be
521 taught ...
- 522 I: But most important ...
- 523 P: Mummy ... daddy ...
- 524 I: As you are a father ... what do you do with your kids after learning ?
- 525 P: I show her “play with this toy ... it is a good one” ... “Don’t catch insects ...” ... “Don’t
526 play in the mud” these things are taught by the guardian ...mainly mom and dad.
- 527 I: So, in that case, Why did you choose grandparents?
- 528 P: If parents are not available the grandparents will teach ... if parents will go somewhere they
529 will keep the child near grandparents ... so they will teach them ... if parents will go out,
530 they hand over kids to grandparents to play with them ...
- 531 I: Have you ever seen any grandparents teaching their grandchild?
- 532 P: Yes, they teach their grandchild ... not others
- 533 I: What do they teach ... grandparents
- 534 P: They give them toys ... to play ... they say “Don’t cry ... I will buy you toys ... I will buy
535 you chocolate ...” their time is also passed and the children also play with them ...
- 536 I: Which time would be appropriate to teach those things?
- 537 P: It depends on time ... if I will have time to play with my child ... I will play ... if I don’t
538 have time then I will say grandparents to play with them ...
- 539 I: Those who have time ...
- 540 P: Yes ... time ... parents have to give time ...
- 541 I: You also said that ... separate group should be formed for parents ... why did you choose
542 that type of group?
- 543 P: It will broaden the mind of the child ... guardian should also give time ...
- 544 I: Is there anything else besides time?
- 545 P: “Sishu khata” (account for children) should be opened for children ...
- 546 I: That is done ... when they are a bit older ... right?
- 547 P: Yes
- 548 I: So, tell me what is possible ... you said there should be a group for mothers... you also
549 said that children who can walk ... they need school ... why did you choose a school? ...
550 why did you choose school specifically?

- 551 P: Groups should be formed in different places ... there should be a playground for children
 552 ... if it is a personal property then I might not allow other kids to play and I will only allow
 553 my kids to play ... but if there will be a group ... if it will be a public property then every
 554 child can go and play there ... but in my personal property I will only allow my kids to
 555 play ... not other kids ... that happens ... people will be against each other...
- 556 I: Who are against each other ... (35 mins)
- 557 P: People say ... like, “ my children will only play in my property ... I will not allow other
 558 kids to play in my property” ... so if there will be a group then everyone will go to that
 559 group ... that happens ...
- 560 I: For that kind of group ... which time would be appropriate? At which time should those
 561 groups be taught?
- 562 P: (Speaking in a low voice)
- 563 I: Time has to be set ... so which time would work best for all ... so that people can gather
 564 ...
- 565 P: From 10:00 am ... two hours ... one hour ... time should be given ...
- 566 I: Why did you choose that time?
- 567 P: Everyone is free in that time ... guardian is also free ...
- 568 I: What about school?
- 569 P: For school ... for child above four years ... five years ...
- 570 I: I am talking about children under three years of age ... as you said when they will start
 571 walking, they will need school as well ... so till what time ... it should be school time ...
 572 where should it be?
- 573 P: For elder kids, it's from 10 to 4 ... but for these kids ... it should be of one hour or one and
 574 half hours... parents should bring food for kids ...
- 575 I: In that school ... from when can you send your children ... if the government will open ...
- 576 P: If the government will open ... they will have to form a separate groups for children
 577 Separate group for children who have begun to speak ... Separate group for children who
 578 have knowledge ... time should be divided for that ... like 10 to 11 am ... time should be
 579 separated for two-three hours. Children under two years of age will require less knowledge
 580 and time ... so...
- 581 I: So, there should be separate time ...

- 582 P: Yes ...
- 583 I: Who could be the one to run this program in school? Who can run the program?
- 584 P: From the Government of Nepal can run the program ... any madam ... or any sir can run
- 585 the programme...
- 586 I: What will happen ... if they will run in that time?
- 587 P: Children will have knowledge ... their hands and legs will be active ...
- 588 I: More ...
- 589 P: Silent ...
- 590 I: Why did you choose the school?
- 591 P: In relation to game ... game ...
- 592 I: Why did you choose a school for the game?
- 593 P: for the game ... a group should be formed in relation to game ... school should teach only
- 594 games and no studies because a child under three years of age won't be able to study ... so
- 595 for them, there should be a school of games ... there should be a playground ...
- 596 I: Where should be that playground made ...
- 597 P: The government of Nepal will choose a land or in the government school ... or ward
- 598 chairperson will give land ... they have to go there ... or all the villagers should fix a land
- 599 ... and their sir should come to teach ... and children will also go there ... guardian will
- 600 carry children under three years of age ... two years of age ... they will also go then ...
- 601 there should be a playground for that ...
- 602 I: What is the possibility of people participating in such groups ... or such schools? ... people
- 603 and children ...
- 604 P: The guardian who will have the knowledge they will send ... those who won't have the
- 605 knowledge they won't send ... they won't carry the children ... if parents will have
- 606 knowledge regarding this, they will take their child ... so who doesn't have the knowledge
- 607 they will play within their house ... they will play with muds ...
- 608 I: For those kinds of programs whose help and support are required?
- 609 P: Support is needed from the guardian ... advertisement should be done in every village ...
- 610 in every house the government of Nepal should promote through advertisement ... then
- 611 only parents will take their children in the program.
- 612 I: To bring that program ... whose help and support are required?

613 P: The government of Nepal should support the program ... the guardian should be asked if
 614 they will allow their children to go or they will not send their children ...

615 I: What kind of help is needed from the government of Nepal? Who are the bodies to help
 616 from the government of Nepal ... for this kind of work ... for the school ... to teach parents
 617 for this work...? Whose support is required? Who can support?

618 P: Office ...

619 I: Which office?

620 P: Any office ... or Government of Nepal have to open office for children group ...

621 I: How will the municipality help with this kind of program?

622 P: They will give them toys to play with for the children ...

623 I: They will buy toys?

624 P: they will buy toys, give food, milk ... give toys ...

625 I: By giving toys ...

626 P: Yes ...

627 I: Which kind of office will support?

628 P: The big companies ... they can give facility for children ... they can support

629 I: Big office ... what are they?

630 P: I don't know ...

631 I: For this kind of work ... who else can help ... for school ... to teach parents ... for this
 632 municipality can help ... who else can help?

633 P: Municipality should give ... rural municipality should give.... Village development ...

634 I: How and who from municipalities will help? What will they give?

635 P; The ward chairperson will give ... ward office will give ... there are wards in every village
 636 ... they will give ... chief of the village ... they will give ...

637 I: Who else can help with this kind of program? Ward office ...

638 P: Ward ...and Municipality as well.

639 I: How much can health post help?

640 P: Health post knows that better how much help they can give ... if Nepal government and
 641 big-big companies would give for children, then it will be good ... even the villagers can
 642 support by giving toys to the children ...Villagers are also meant for supporting village
 643 childrens. (00:41:45 mins)

- 644 I: How much can FCHV help for this kind of program?
- 645 P: She hasn't helped in any program ... she hasn't even given any toy for kids ... not even
646 food ... she just gives vaccination ...
- 647 I: In what ways she can help with this program? Who is the FCHV?
- 648 P: In my ward ... there is one woman in my ward ... I do not remember her name ... but she
649 comes to the ward to inform us ... gives a vaccination ... there is a officer at the health
650 post... they give these...
- 651 I: How much can she help with this kind of program?
- 652 P: She hasn't helped us yet ... but if the government of Nepal will appoint her for this work
653 and if she will be asked to help then she might help ... but till now she hasn't helped ...
- 654 I: Whose else help is required for this kind of program? As you said ward chairperson ...
655 municipality ... more?
- 656 P: People from district can help ... municipality, officers ... they also have to come to help
657 ... or people from the government of Nepal ...
- 658 I: How will village people help?
- 659 P: If the guardian will see that this is happening for my child then they might also help ...
660 they might also buy toys for children ... they may help like tell the child's mother "teach
661 this to child ... that to a child" ... for a child under two - three years of age ... (00:43:00
662 mins)
- 663 I: From your village ... whose help and support can you seek ... who will help with this kind
664 of program?
- 665 P: Guardian will help their children. But every guardian will not help. They will say, "if we
666 don't have any children why would we help?" Those who have children they will give
667 importance (*jod*) to the program ... (00:44:16 mins)
- 668 I: Why would people be interested to participate in this kind of program ... why would they
669 be interested from the government of Nepal to present ...
- 670 P: Government of Nepal might have plans for the children ... they might think that if they
671 will work for children, it will help children in future ... that is why the government of
672 Nepal will teach every child ... guardian will not teach every child ... they will only teach
673 their child ... the knowledge the parents have they will only transfer that knowledge... to
674 a child under three years of age ... toys should be given to them ...

- 675 I: Will just giving the toys increase the knowledge?
- 676 P: No ... photos should be shown ... thing should be bought and given to them ... they should
677 be given foods ... good talks ...
- 678 I: Why would people be interested to participate in this kind of program ... why would
679 children or parents be interested to participate in such type of group or go to school?
- 680 P: For the betterment of children's future ... children will gain knowledge ... they will watch
681 videos ...
- 682 I: Why would they be interested to listen and understand these things?
- 683 P: This will open their mind ... their voice might burst up...
- 684 I: Why would people from the village be interested to participate in this?
- 685 P: It will be good for children ... children will gain knowledge ...
- 686 I: More ... what kind of knowledge they will have?
- 687 P: Children will have knowledge ... their mind will open ... their body will move ...
- 688 I: Why would guardians be interested to participate in these groups?
- 689 P: Because their child will gain good knowledge ... that is why ...
- 690 I: What kind of knowledge?
- 691 P: Children's minds will broaden ... if children will speak ... their minds will be fresh ... they
692 will be more active ... the more they will grow the more they will have knowledge ...
- 693 I: Why would they be interested to follow the things taught there?
- 694 P: If sir will teach them ... they will gain knowledge ... those children will learn things in
695 future ...
- 696 I: Why would people follow the knowledge given by sir?
- 697 P: It will be good ... if they will teach that to the child ... they will have the knowledge ...
698 children will have different knowledge ... or else they will play with mud ... they would
699 be mentally retard ... they would not talk with anyone ...
- 700 I: What should be done about that?
- 701 P: The government of Nepal should give toys. They should teach them ... "Do this and you
702 will see photos" ... show them through the camera ... show them toys.. (47:23)
- 703 I: What kind of challenge would come while doing this kind of program? As you said,
704 parents' groups should be formed ... government should run schools... what kind of
705 challenge would come in this?

- 706 P: Children related...
- 707 I: Government should bring that kind of program ... as you said ... for a child under three
- 708 years of age ... if the government would bring this kind of program ... what kind of
- 709 challenges would come ... what would happen?
- 710 P: If guardian will have the knowledge, they will share that with their children ... if they will
- 711 not have the knowledge, they will not share ... I will carry my children to that place and
- 712 also bring them back ...if knowledge are not imparted properly then our time only might
- 713 be wasted. sometimes there are nuisances ... fight ... that is what happens in group ...
- 714 government of Nepal ... (48:41)
- 715 I: There are disputes when programs are through the government do Nepal ...
- 716 P: Yes ... mummy papa will begin to say like "My child is not taken care of ... others child
- 717 is only taken care" ... guardian will start saying so ... and then they will fight ... they get
- 718 angry and bring their child out from that kind of group ... they will say, "I won't send my
- 719 child in this kind of group" ...
- 720 I: What else will happen?
- 721 P: There will be a fight ...
- 722 I: Why?
- 723 P: To teach children ... like "I am here from 10 o'clock and my child hasn't been taught
- 724 anything" ... there will fight with sir from the government of Nepal. Same can be with
- 725 other people... (00:49:15)
- 726 I: What else could happen ... while running this kind of program ... what else could happen?
- 727 As you said there will be dispute ... more ...
- 728 P: What could be more ...
- 729 I: Any caste ... what is the possibility of missing caste ...? What is the possibility for
- 730 everyone to get involved ...?
- 731 P: For children ... people from different caste may fight saying, "I will open a different group
- 732 for our child" ... "You open a different group for your child" ... that might happen ... they
- 733 may fight ... "I won't let my children participate in this" ...
- 734 I: Why would they want a separate group for their child?

- 735 P: Because of other caste ... like "I am from highest caste ... you are from lower caste ... I
 736 won't let my children involved in this group... I will teach them separately" ... that might
 737 happen ...
- 738 I: Oh, higher caste people do not let lower caste people participate with their children ...
- 739 P: Yes ...
- 740 I: Have you seen that anywhere ... do you know anything about that?
- 741 P: People will gain knowledge and change slowly ... like I am a "sahu" and I will not allow
 742 "doom" children to play with mine ... I will not let my children play with Muslim kids
 743 that is the thing (50:26)
- 744 I: Is it still in practice?
- 745 P: Yes, it is practiced ... in Hindu and Muslim ... it is practiced in "Doom and Dushad" it
 746 exists ...
- 747 I: What should be done about this ... how can this be managed because we want everyone
 748 child to play ... to learn ...
- 749 P: Yes ... everything should be managed ...
- 750 I: How?
- 751 P: If the government of Nepal will give support, then everything will be managed ...
- 752 I: But you said about caste ... that caste ... there will be fight and dispute ... Hindu and
 753 Muslim won't participate together ... in doom you Sahuji won't go ... as you said ...
- 754 P: Yes ...
- 755 I: What should be done for this then?
- 756 P: For this ... everyone should have knowledge regarding this ... everyone's mind should be
 757 open ... like my child is like this ... another child is like this and then only they will send
 758 their kids ...
- 759 I: What should be done so that there will not be any kind of fight or dispute?
- 760 P: For that ... there should be unity among guardians.... villagers should unite ...
- 761 I: How is this unity possible?
- 762 P: A group should be formed ... there should be a gathering ...
- 763 I: What kind of group and gathering?
- 764 P: silent
- 765 I: What should be done to avoid fight and dispute? How the group should be formed?

766 P: *Child making sound ...*

767 I: What kind of challenges would come if this kind of program will run? Like you said about
768 caste ... that can occur ... more?

769 P: For that ... different caste should have different groups.... And in this huge budget from
770 the government of Nepal will be used ... but if all the children will learn at the same place
771 then the small budget can also work ... if they will be taught in different groups then more
772 budget will be required ...

773 I: what should be done for this then ... give me a suggestion ... in which ways should it be
774 done so that people from every caste participate ...

775 P: Everyone has to go together ...

776 I: How will that happen? Who will do this?

777 P: Government of Nepal will do that ... or ward chairperson has to say that “every child
778 should be involved ... don’t fight” ... then children's mind will open ... they will gain
779 knowledge.

780 I: Ward chairperson should take the responsibility?

781 P: Yes ...

782 I: Will things sort out after he takes the responsibility?

783 P: People will follow him ... guardian mind will open ... and then they will allow their kids
784 to participate ... there will be unity then ...

785 I: What kind of obstacles or challenges would come to bring this added program from the top
786 level? The officers will come through the municipality

787 P: From the Municipality ... from the government of Nepal ...

788 I: To bring this program from top-level to your own home ... what kind of challenges would
789 come?

790 P: There could be a problem of vehicle ... vehicle might be required to come and go ... if
791 they will give facility of the vehicle then people may participate or else ... they will have
792 to ... government of Nepal ... has to give that ... (54:00 min)

793 I: To whom the vehicle is required?

794 P: To “*Hakim*” ... officer

795 I: Who is “Hakim”?

- 796 P: The sir who will come to teach children. They will require facilities ... government of
 797 Nepal, municipal officer ... they will have to work for this ... or ward chairperson will be
 798 responsible for this ...
- 799 I: If this kind of added programme (Nutrition + Games) would come ... have you ever seen
 800 any kind of dispute between Hindu and Muslim ...
- 801 P: Till now we don't have such programs because there is no group. But when that kind of
 802 group will be formed ... "Hindu ... Muslim" concept will automatically arise ... people
 803 will start thinking "I will not let my child participate with Hindu ... or Muslim" ... it will
 804 change slowly ... there should be a separate group for a child under two years of age ... I
 805 will also let my child go ... other should also let their child go ... if there will be facilities
 806 and harmony among villagers... they will let the child go ...(55:13)
- 807 I: Have you ever found this kind of disparity between ... Hindu ... Muslim ...
- 808 P: I haven't found it yet. It happens among higher caste people ...
- 809 I: What happens there?
- 810 P: Hindu do not eat food touched by Muslims... 10 ... 12 ... 15 ...18 years children who have
 811 the knowledge they do not go to them ... but small children do not have knowledge so they
 812 will play with each other (Hindu and Muslim) ...
- 813 I: This exists among guardian ...
- 814 P: Guardian ... 20 years ... 30, 40 years adult will have knowledge ... but a child under two
 815 years and three years will not have any knowledge ... They treat everyone equally.
- 816 I: To run this program continuously what should be done ... so that it will run for a long time
 817 ... continuously ... what should be done for this?
- 818 P: The government of Nepal has to think about that ...
- 819 I: What should the government of Nepal think?
- 820 P: To give the facilities to villagers .. to the children ... facilities to people his own country
 821 ... government of Nepal has to think about that Guardian should also think that their
 822 children will have knowledge from learning there ... Guardian should also think that their
 823 children ...
- 824 I: To run this program continuously ... what other things should be considered? As you said
 825 to conduct group program ... school program ... what should be done to run it
 826 continuously?

- 827 P: If guardians and children will participate then it will run and for that government of Nepal
 828 should also think and give importance that, “We will give free facilities for a child under
 829 two years ... three years of age ... we will give toys ... we will give nutrition ... we will
 830 give all the facilities” then the program will run continuously ... if the group will not be
 831 effective then it will obviously break down ...
- 832 I: If this type of program would come ... what could you do from your side ... what could
 833 you do ... for that program?
- 834 P: I should also help ... guardian should also help ... government of Nepal should also help
 835 ... children should also help ... everyone has to give their support ... two years of children
 836 ... three years of children ... the children below 2,3 years of age will not have the
 837 knowledge They should be taken there... (57:35)
- 838 I: How will you support?
- 839 P: If my child will progress ... I will buy toys ... give some food ... give chocolate ... to
 840 every child ... if my child will gain knowledge from there then I will distribute those things
 841 to another child as well ...
- 842 I: To whom?
- 843 P: To other children ... I might buy toys and give them in a group ... any other thing ...
 844 guardian should also give and government of Nepal should also give ... municipality
 845 should give as well ...
- 846 I: Will the child learn only through toys ... or other things are also required?
- 847 P: Everything is needed ...
- 848 I: Will the child learns only through toys ...
- 849 P: No ... we have to say the sir to give that kind of knowledge to child ... sir has to give
 850 knowledge to guardian and they will teach the children later on.
- 851 I: How can you support from your side so that the program runs?
- 852 P: If my child will progress going there ... if they will be playful ... I will also donate
 853 something going there ... I will also give something to sir ...
- 854 I: From your side in that program ...
- 855 P: The program has yet not come so I don't understand more ... when it will come then I will
 856 also help from my side ...
- 857 I: What help?

- 858 P: Any toys ... clothes ... I might also give facility of the vehicle to sir ... I will pay him a
859 price for petrol ... if he will come to teach my child because it will make my child active.
- 860 I: What will be your responsibility ... for that program?
- 861 P: That program will be informative ... it will give knowledge to both parents and children
862 ...
- 863 I: What will you do for that program ...
- 864 P: It has to run ...
- 865 I: How?
- 866 P: Everyone should unite ... group should be formed ... everyone should be together ... to
867 run the programme ... if the government of Nepal doesn't support then the guardian
868 themselves should support the program ...
- 869 I: Guardian should unite to run this program ... even if the government won't support you all
870 will support the program ...
- 871 P: Yes, we can run the program ... we all guardian ... and if the government of Nepal will
872 support the only, we will leave ...
- 873 I: If the government of Nepal will not support it... how will you run that program?
- 874 P: We will form a group of children and then teach them or else we will leave ... if the
875 government of Nepal will not support then, we will also not conduct any programme and
876 do the same way as we are living now.... (1:00:00)
- 877 I: What do you think?
- 878 P: If the government of Nepal will give the program ... we will not refuse that ... we don't
879 have that knowledge to run the program ...
- 880 I: What kind of knowledge do you need?
- 881 P: Government of Nepal has to teach my child ... they have to give them knowledge ... if
882 they will gain knowledge parents will also gain knowledge ...
- 883 I: Do you want to share anything else? Anything you missed ...
- 884 P: There is nothing ...
- 885 I: So, what you said was ... game is important for child ... child will be active ... their mind
886 will open ...
- 887 P: They will walk run ... their time will be passed ... they won't trouble their mother ...
- 888 I: For small child ...

- 889 P: Their mind will grow ... they won't be disabled...
- 890 I: That is what you said ... you also said there is no nutrition program ... no program for
891 child development ...
- 892 P: Nothing
- 893 I: Nepal government should conduct those programs ... Nepal government should be
894 responsible for this ... how will the government of Nepal do ... they will seek help from
895 municipality ...
- 896 P: Municipality ... rural municipality ... ward ...will be transferred the responsibility
- 897 I: To run this program teacher from outside should come ... madam ... or sir ... for small
898 child separate group should be formed because that child cannot go to school
- 899 *Sound overlapped*
- 900 I: School should be opened ... teacher should come to teach ...
- 901 I: What will the government of Nepal do for that ... what about expenses ...
- 902 P: Yes ... the government of Nepal should bear expenses for sir and madam ... they have to
903 buy toys for kids ... buy a camera to show them pictures ... show the television ...
- 904 I: From where all the expenses come?
- 905 P: The government of Nepal will give ... municipality or ward chairperson will give ...
- 906 I: You also said that ... in that mother should participate ... father should participate ...
907 grandmother should participate ... you said that they should be taught through photos and
908 videos ... they will learn easily ... toy should be given ... they will learn through toys ...
909 if you will find your child progressing you will also add something for them ... if not you
910 won't support ... you also said that there will be caste problem ... Hindu will not participate
911 with Muslim and Muslim won't participate with Hindu group ... Is it okay?
- 912 (phone rings)
- 913 I: Do you want to share anything else
- 914 P: No ... If knowledge is being added gradually then we can add more later on. That's it.
- 915 I: Thank you so much for your time ...
- 916
- 917 **THE END**