WALK 2.0 Baseline activity and Quality of Life

Variable Name	Variable Description
participantid	Participant ID number
walkgroupid	Group (1=Web 2, 2=Web1, 3=control)
Sex	Gender (1=Male, 2=Female)
Education	What is the highest qualification you have completed? 1, Postgraduate Degree Level, 2, Graduate Diploma and Graduate Certificate Level, 3, Bachelor Degree Level, 4, Advanced Diploma and Diploma Level, 5, Certificate Level, 6, School Education Level
Age	Age at Baseline (years)
BMI	BMI (Kg/m2)
AccelWearTime	Activity monitor wear time
GeneralHealth	RAND General Health (0-100, high score=more favourable health state)
LogPhysAct	Physical activity minutes per day, log transformed
LogPAbouts	Physical activity bouts per day, log transformed
SedMins	Sedentary behaviour, minutes per day
SedBouts	Sedentary behaviour, bouts per day